



**ROTARY CLUB OF NIGDI-PUNE**

# Rowind



**SERVE TO CHANGE LIVES**

Dist. : 3131 Club No 26500 Charter Date June 1989

**President :**

**Rtn Jagmohan Singh**

**Secretary :**

**Rtn Suhas Dhamale**

**Editor :**

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## Today's Program

**Hello Dear Friends,**

Today's Program is RC Nigdi Disco Night... Request all to Come & enjoy the program with large numbers . It will be fun filled , Dance & musical event followed by delicious dinner & fellowship..

**Date & Time-27th May**

**7PM**

**Venue - Seasons**

**Banquet, Akurdi**

**Team Club Admin**

**27TH  
MAY**

**Rotary Club Of Nigdi Presents**



## **Bollywood Disco Night Concert**

**: MUSIC PERFORMANCE BY :**

**Abhijeet & Charulata Patankar**

**7 PM ONWARDS**

**Venue : Seasons Banquets, Akurdi Pune**

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## Forth-Coming Programs

*Happiness is a collection of joyful experiences shared with soul friends. Get together and have some fun!*

- Amy Leigh Marceau

Day	Program/ Topic
03rd May	Club Assembly
10th May	Coffee with RCN

# Step Into The Club News

## Some Proud Moments For Us



PP Ravi Rajapurkar addressing at the grants management and membership seminar On 22nd May 2022.



Frinds very Proud to say that Our President Rtn Jagmohan Singh Ji Awarded by Vertiv " In Recognition of Ongoing Commitment & Dedicated Service". Congratulations From RCN Family!!!





## Some Proud Moments For Us



Friends,

It's a proud moment for our club..... ✨ 🌸 🌟

Rtn. Gurdeep Singh Ji and Rtn. Nirmal Kaur Ji (President of IWC Nigdi Pride) were felicitated by MaX Life Insurance company, for their personalized service towards society.

They both have been working tremendously for last 14 years in inculcating education to the needy children.

President Anita Sharotia (IWC Poona North) employee of Max life Insurance in Aundh branch, introduced them to the company.

Heartiest Congratulations to both of you !!!

*Congratulations*  
— on your —  
*Success.*



Hello Dear Frindes,

One more feather in Our President Jagmohan's Cap 🌸🌸

Our beloved Heeraji has become major donor... 🌟

Congratulations Rotary Nigdi.

Rtn Aarti Mulye



## Important Day's To Be Celebrated

**24 May 2022: Commonwealth Day**

**30 May - National Memorial Day (last Monday of May)**  
National Memorial Day is observed on the last Monday of May. This year it will be observed on 30 May, 2020.



**31 May - Anti-Tobacco Day**  
Anti-Tobacco Day or World No Tobacco Day is observed on 31 May every year across the globe to make people aware and educate them about the harmful effects of tobacco on health which causes cardiovascular diseases, cancer, tooth decay, staining of teeth etc.

**1 June- World Milk Day**

World Milk Day is observed globally on 1st June every year to celebrate the important contributions of the dairy sector to sustainability, economic development, livelihoods and nutrition.

**1 June- Global Day of Parents**

The Global Day of Parents is celebrated on the 1st of June every year. UN General Assembly proclaimed this day in 2012 by passing a resolution and honours parents for their relentless support, sacrifice and commitments towards their children.

**2 June - International Sex Workers' Day**

This day is celebrated on 2nd June not only in Europe but around the world. International Sex Workers' Day is observed on 2nd June because on 2 June, 1975 approximately 100 sex workers occupied at Sant-Nizier Church in Lyon, France, to express anger about their exploitative living conditions and work culture. The Church was brutally raided by the police forces on 10 June. This action becomes a national movement and so, now celebrated in Europe and worldwide.

**2 June - Telangana Formation Day**

Telangana has a glorious history of at least two thousand five hundred years or more. Every year Telangana State celebrates the formation day on 2nd June with grandeur and conducts various events, cultural activities etc. The struggle of Telangana to generate a new state began in the early 1950s.



## ROTARY AND THE UNITED NATIONS



During and after World War II, Rotarians became increasingly involved in promoting interna-

tional understanding.

In 1945, 49 Rotary members served in 29 delegations to the United Nations Charter Conference. Rotary still actively participates in UN conferences by sending observers to major meetings and promoting the United Nations in Rotary publications. Rotary International's relationship with the United Nations Educational, Scientific, and Cultural Organization (UNESCO) dates back to a 1943 London Rotary conference that promoted international cultural and educational exchanges.



Attended by ministers of education and observers from around the world, and chaired by a past president of RI, the conference was an impetus to the establishment of UNESCO in 1946.

## Laughter Makes Life Happy!! By Rtn Dayasagar Mrig

Fun Time - LAUGHTER MAKES LIFE HAPPY.

Excellent quotations truth mixed with fun and laughter

☐ School

A place where Parents pay, and children play.

Life Insurance

A contract that keeps you poor all your life, so that you can die Rich.

☐ Nurse:

A person who wakes you up to give you sleeping pills.

☐ Marriage

It's an agreement in which a man loses his bachelor's degree, and a woman gains her masters..

● Tears

The hydraulic force by which masculine willpower is defeated by feminine waterpower.

☐ Conference

The confusion of one man multiplied by the number present.

● Conference Room

A place where everybody talks, nobody listens, and everybody disagrees later on.

☐ Father

A banker provided by nature

● Boss

Someone who is early when you are late and late when you are early

Politician

One who shakes your hand before elections and shakes your Confidence after election.

☐ HOSPITAL

An institution which holds your ills by pills and kills you by bills.

😊 Smile

A curve that can set a lot of things straight.

☐ Government Office

A place where you can relax after your strenuous home life.

☐ Yawn

The only time married men ever get to open their mouth.

● Etc.

A sign to make others believe that you know more than you actually do.

☐ Committee

Individuals who can do nothing individually and sit to decide that nothing can be done together.

☝ Meeting

Where hours are spent and Minutes are kept.





**Why do sometimes things take long to happen?**

**We all desire that our wishes are granted as soon as we want them. Life doesn't work according to our wants and wishes. It has its own timeline for things to happen.**

**There is a reason for things to happen at a certain time in life. If you have to wait too long, probably, life wants you to be capable enough before having it. Being capable doesn't mean being deserving but being able to handle what you have asked for. The waiting period teaches us patience, calmness and makes us more appreciative. Once we develop these qualities, we can handle any responsibility that comes with our fulfilled desire.**

**Don't lose heart if you have to wait for things to happen. When something takes long, it wants you have it in its best form.**

**Don't WORRY if you are not WHERE you WANT to be YET.  
GREAT THINGS take TIME**





# Annet's कट्टा (Proud Moments For Us)



Congratulations to Zeshan Meher, grandson of our Rotarian Dharamveer Chadha, who recently received a black belt in Taekwondo.

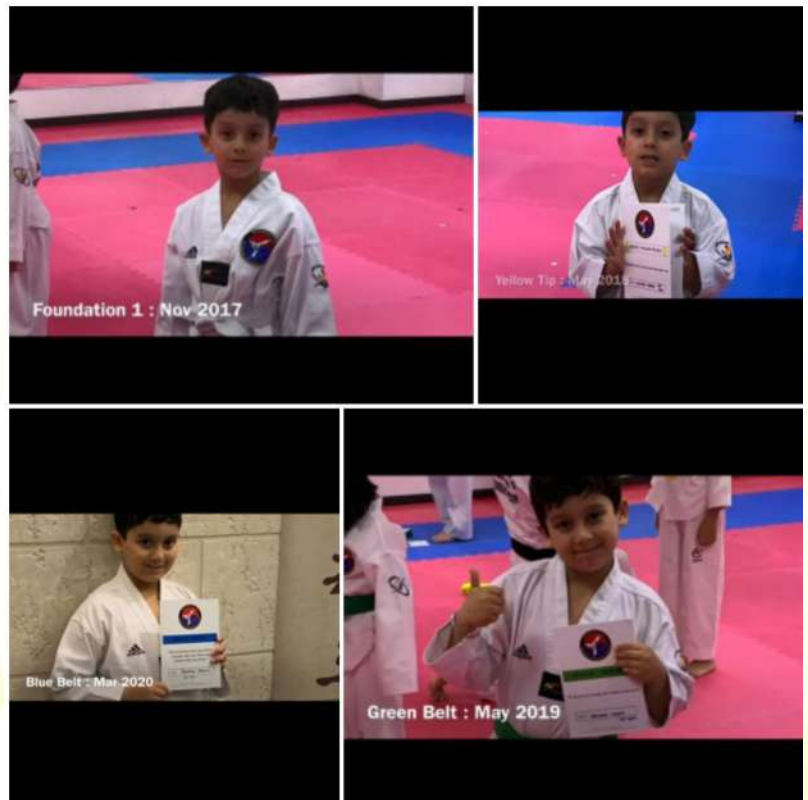
Information about his journey is as follows:

- Foundation 1 - Nov 2017
- Foundation 2 - Feb 2018
- Yellow Tip - May 2018
- Yellow Belt - Nov 2018
- Green Tip - Feb-2019
- Green Belt - May-2019
- Blue Tip - Nov-2019
- Blue Belt - Mar-2020
- Red Tip - Sep-2020
- Red Belt - Dec-2020
- Black Tip - Jun-2021
- Black Belt - May -2021

Congratulations From RCN Family !!!

## Congratulations

*You should be proud !*





## Taekwondo belts, colours, and ranks

The range of coloured belts can be confusing for someone who is new to the sport. Here are the most common colours and the ranks they correspond to.

### White

A test is not required for the white belt, but in order to move on to the next rank, one first has to achieve the white belt with yellow stripes. The test requires the individual to carry out a pre-determined pattern, as well as go through the three-step and one-step **sparring process** with another taekwondo practitioner. He also has to be able to defend himself against holds and be able to successfully break free using either kicks or blows. It typically takes around two to three months for an individual to proceed to the white with yellow stripe belt.



### Yellow

The test for promotion to a yellow belt is similar to the test mentioned above, but with a different pattern, and the breaking of boards with both hands and feet. It takes roughly two to three months of training before one can take the test.

From yellow, you can proceed to the yellow with green stripe belt. While all the promotion tests are largely the same, the test from yellow to yellow with green requires one to go through a different pattern from the previous tests, as well as breaking a two-inch board with the hand and one-inch board with the feet. Additionally, one-step sparring is required.

### Green

From yellow with green stripes to a solid green belt, the player has to do a test with another pattern, along with a one-step spar and a freestyle spar. In addition, he also has to break through two-inch boards with both his hands and feet, as well as demonstrate an ability to defend himself.

To earn the green with blue stripes belt, you must practice another pattern, and defend yourself against both holds and clubs. In addition, the player has to break a two-inch board with his hands and a one-inch board using a jump kick. As with the other tests, he has to undertake the one-step sparring and free sparring. The move from green to green with stripes requires around four months of training before a test can be taken.

### Blue

The test to attain the blue belt is similar to that of the green with blue stripes, except for the induction of a different pattern and an addition of two-step sparring. Besides that, one must demonstrate the breaking of a two-inch board with a punch and a one-inch board with a turning kick. All of this typically takes four months to achieve.

To achieve the blue with red stripes belt requires finesse, as the individual needs to defend against holds, clubs and knives as well as multiple unarmed opponents. He also has to break two-inch boards with a punch and a turning kick. It takes five months from the blue belt to achieve this.



### Red

Along with a different pattern, the test for the red belt replaces the two-step sparring with multiple free sparring. He also has to break a three-inch board with any kick, while other elements of the test remains the same.

From red, there is the red and black stripe belt. The test is identical to the red belt, except with a different pattern and the need to break two three-inch boards. It takes five months to train for this.

### Black

The highest rank achievable, the black belt test requires a lot of work: one pattern, one-step **sparring**, two-step sparring, free sparring and multiple free sparring. You must also be able to defend against holds, clubs, knives and unarmed opponents, as well as break two three-inch boards with any kick or blow. To get to this stage, it requires at least nine months of training after one has completed the red and black stripe belt test.

**Ann Vishakha Kulkarni**

**Bulletin Chairwoman**

शिवदः विवाह दिवसः।

28th May Rtn Vijay & Rtn Sadhana  
Kalbhor

29th May Rtn Jagmohan Singh &  
Rtn Hardeep Kaur Bhurji

29th May Rtn Tatyasaheb & Ann Sunita  
Sewale

मङ्गलं जन्मदिनम्।

27th May Rtn Vijay Kalbhor

01st Jun Rtn Haresh Bodani

01st Jun Ann Pushpa Chandwani

01st Jun Anna Vasant Ilawe

Wishing You All A  
Wonderful Week !



*Carol's Country Sunshine*