



ROTARY CLUB OF PUNE CENTRAL



PRESIDENT: RTN. AMITABHA MUKHOPADHAYAY | HON. SECRETARY: RTN. LEKHA NAIR | EDITOR: RTN. PRASANTA CHOUDHURY

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From Rtn. PP Raja Kharadkar......



RI Nomination committee of RY 2021-22 to nominate RI President for RY 2023-24, has nominated unanimously **Rtn. Gordan Mcinally** of Scotland to lead RI in 2023-24



Today.....



In our quest to keep everyone engaged, the RCPC program committee brings to you an interesting talk on "'Mental health issues, coping and self-care during COVID-19 pandemic' by guest speaker Dr. Kaustubh Joag who is is a psychiatrist by training and a practicing psychiatrist in Pune since last 15 years.

Dr. Kaustubh Joag has special interest in common mental health issues like depression and anxiety. He has interest in community mental health research, ethics in research and

rights oriented clinical practice. He also works as a Senior Research Fellow at Centre for Mental Health Law and Policy, Indian Law Society, Pune. He co-leads large scale community based mental health intervention called-'Atmiyata'. He has completed the 'International Diploma in Mental Health, Human Rights, and Law' at Indian Law Society, Pune.

Details of Zoom Meeting:

Join Zoom Meeting: https://zoom.us/j/98234745097?pwd=RmszRm5aaHlFa0xSWlh4aWJCcHZqUT09

Meeting ID: 982 3474 5097

Password: 584742

Please do join for this interesting talk with **Dr. Kaustubh Joag** on Zoom.

I look forward to meeting all of you on Zoom today at 6pm. (6.00 pm to 6.30 pm Pre-meeting fellowship and meeting called to order at 6.30pm).

The week that was

From Rtn. Lekha Nair.....

Pre-fellowship started at 6 PM on Zoom where many members joined and interacted with each other on various topics. Post pre-Fellowship, the meeting was called to order by Pres. Amitabha Mukhopadhyay and all members and guests were welcomed to the meeting.

President Amitabha updated all members about the Vaccination on Wheels Project status. 82974 vaccines have been administered as on 7th August.



N95 Mask distribution donated by TKT Greentek Pvt. Ltd. was continued with 1800 masks given to Ratna Memorial Hospital. Rtn Oni Kakajiwala handed over the masks to Dr Sanjay Lambu of the Hospital. Rtn Surendra Shroff had arranged the presentation.

The President updated everyone about Rotary International President Rtn. Shekhar Mehta's meeting with Hon'ble Prime Minister of India Shri Narendra Modi to discuss development issues where Rotary can work with the Government.

An online meeting was held with DG Rtn. Pankaj Shah to discuss the "Covid 19 Vaccine-On-Wheels" Project. Meeting was attended by Rtn. Ravi Rajapurkar, District Director CSR, Rtn. PP Arvind Saraf - District Co-Director CSR, Pres. Amitabha Mukhopadhyay, Rtn. PP Ravi Kapoor and Rtn. Jignesh Patel.

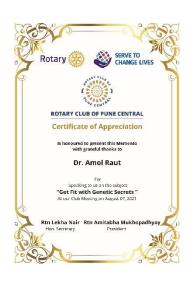
RI Nomination committee of RY 2021-22 to nominate RI President for RY 2023-24, has unanimously nominated **Rtn. Gordan Mcinally** of Scotland to lead RI in 2023-24.

We wished happy birthday to Rtn. Tony Sachdev, R'Ann Deepa Dharane, Rtn. Prasanta Choudhury, Rtn. Vipen Malhotra, Rtn PP Madhu Rathi. We wished happy anniversary to Rtn. Baakir and R'Ann Razia Baker and Rtn. Parvin and R'Ann Neena Malhotra.

This week Dr Amol Raut gave a talk on the topic of 'Get fit with genetic secrets'. In his talk he revealed interesting facts about the connection between our genes and the kind of diet and exercise that should be chosen to benefit an individual. He spoke about how people are born with a morning clock gene or evening clock gene. If this is understood by carrying out a genetic analysis, it helps one chose one's exercise timings. Similarly depending upon the genetic make-up one can chose one's diet also that will make a positive impact on health.

Next Week Saturday, 14th August 2021, Guest Speaker Dr. Kaustubh Joag will talk on "Mental health issues, coping and self-care during COVID-19 pandemic"







From Rtn. PP Ravi Kapoor......

Status and progress of various Global Grant and CSR projects

I am happy to share a report on the status and progress of various Global Grant and CSR projects currently being implemented by RCPC.

GG198182 - HPV Vaccination

The project was launched in RY2018-19 by RC Pune Central to vaccinate about 1,000 schoolgirls (in the age group of 9-14yrs) against the Human Papilloma Virus (HPV) that is known to cause cervical cancer in the infected girls during adulthood. The target beneficiaries were from the economically weaker sections of society from rural areas near Pune.

The project was approved in May'2019 and funds were received from RF(I) in July/Aug'2019. The vaccination campaign was started in Sep'2019 but got stalled in March'2020 due to the global Covid-19 pandemic and the consequent lockdown imposed by the government. Despite gradual reopening of various parts of the economy, schools have continued to remain shut for the past 18 months

Our attempts to partner with other NGOs like the Indian Cancer Society did not fructify. However, as planned, in March 2021, we could administer the 1st dose of the HPV vaccine to 339 girls in the older age group of 18-25 years from a medical college (MAM's Sane Guruji Ayurvedic Medical College, Hadapsar). Being medical students undergoing internship at the hospital attached to their college in Pune, these girls were accessible when all other normal schools and colleges were closed due to the pandemic. Further, being from an older age group, these girls would require 3 doses of the vaccine spread over 5~6 months for effective immunization (as per WHO guidelines).

In April / May 2021, the 2nd dose was administered to 226 of these 339 older girls referred to above. The remaining 113 girls had temporarily stopped their internship and returned to their homes outside Pune city as the second wave of the pandemic was gathering momentum.

The 3rd dose for these 226 older girls is being administered in Aug'2021. Of the 113 girls who missed the 2nd dose, those who do turn up, will be given their 2nd dose.

In April 2021, after a lot of persuasion, we could also administer the 2nd dose of the vaccine to only 72 girls out of the 283 girls in the 9-14 years age group (from 2 schools in Chakan) who were initially vaccinated in Oct '2019. Parents of the remaining 211 girls were unwilling to let their children step out due to the accelerating second wave of the pandemic.

In July/August 2021, with the second wave having waned in India in general and in Pune region in particular, we reached out to a group of rural schools located in Lonikand, Shikrapur, Ranjangaon and Shirur which form part of the greater Pune Metropolitan Region. These schools are run by Shirur Shikshan Prasarak Mandal, a public charitable trust whose governing members are known to us. Through their personal involvement and efforts,



beneficiary girl students in the age group 9~14 have been identified and mobilised for administering the 1st dose of the vaccine in the month of August itself. Approximately, 900 to 1000 girls will be benefited in this Vaccination drive. The beneficiaries have been informed that the 2nd dose (to be taken in Feb-Mar'2022) would have to be paid for by them either wholly or partially depending on the funds availability with RC Pune Central at that time.

The endeavour is to use up the balance stock of the vaccines before they expire on 31st Aug'21.

Our Covid vaccination partner, "Vaccine On Wheels" is helping us in this exercise.

GG2119154 - Gift of Sight for the Sightless

In Feb'2021, The Rotary Foundation (TRF) approved our GG project relating to the donation of medical equipment to The Poona Blind Men Association's H.V. Desai Eye Hospital, Pune, thereby augmenting its capacity to treat a larger number of patients and improving the quality of eye care management. The project value is USD 223,626. This project was fully supported by the generous donations by Rtn. IPP Ajay Dubey and Rtn. Rooma Dubey.

The progress till date and the timelines for the next steps are as follows:

- TRF remitted the first Instalment of the project funds (US\$ 122k) to RCPC's Charity Trust in June 2021.
- Orders for the 1st lot of equipment placed in July'2021
- Deliveries have commenced and will be completed during Aug'2021
- Submit Interim project completion report of first Instalment to TRF Aug/Sep"21
- Rotary Foundation remits second (and balance) Instalment of the project funds to RCPC's Charity Trust in Oct/Nov'2021.
- Place orders for 2nd lot of equipment in Dec'2021
- Receive delivery Jan/Feb'2022.
- Submit final project completion report– Mar'2022

GG2123447 - Gift of Vision - Cataract Surgery project

In May'2021, The Rotary Foundation (TRF) approved our GG project relating to reduction of cases of "Avoidable Blindness". The project envisages sponsoring around 3125 cataract surgeries for rural people from the economically weaker sections of society in Pune district. The project value is USD 129,352. This project is supported by the generous donation by Rtn. Nitin Desai and other RCPC members.

The progress till date and the timelines for the next steps are as follows:

- TRF remitted the first Instalment (US\$ 62k) of the project funds to RCPC's Charity Trust in June 2021
- Starting on 07th Aug'21, cataract surgeries performed and vision of 59 patients restored till date.



- Submit Interim project completion report of first Instalment Nov/Dec'2021
- TRF remits second (and balance) Instalment of the project funds to RCPC's Charity Trust in Jan'2022.
- Further Check up Camps and Surgery in Feb/Mar'2022
- Submit final project completion report- Mar'2022

GG2122528 - RCPC Pediatric Cardiac Surgery and Maternal health Project

This project supports pediatric congenital heart disease corrective surgeries being carried out at the Sri Sathya Sai Sanjeevani Hospital, Kharghar. The hospital has been nominated by the state government as the nodal centre for pediatric CHD corrective procedures in the state of Maharashtra. RC Fort Wayne, USA is the overseas partner club in this project which is intended to give a new life to 40 children afflicted with congenital heart disease. The beneficiary children belong to the economically weaker sections of society.

The primary objective of the project was to sponsor Pediatric Cardiac surgery for children born with Congenital Heart Disease (CHD) and provide Ante-Natal Care for improved maternal health and nutrition to pregnant women to prevent the occurrence of CHD. The project addresses the treatment and prevention of one of the major causes of infant mortality in India.

The project has benefited CHD afflicted children from the economically weaker sections of society who lack access to adequate medical facilities and also cannot afford the expensive surgery in private hospitals. It also benefits expecting mothers who do not have access to proper Ante-Natal care and nutrition.

The hospital carries out Paediatric CHD corrective surgery at a negotiated fixed price of Rs 1,50,000 (~US\$ 2,000) which includes preoperative tests, surgical procedures, post-operative care (in ICU if required), and follow up visits. It also covers the cost of hospital stay and food for the parents accompanying the children. The entire cost is funded from donations. The beneficiaries do not have to pay for the treatment. **In fact, this hospital does not have a billing counter.**

The project caters to all types of paediatric cardiac operations and Catheter interventions like ASD / VSD / PDS device closures, PAPVC, Intra Cardiac Repair for TOF, Aortic Valve Repair, AV Canal Repair, Arterial Switch and balloon dilations.

The total cost of this GG project is USD 98,000 (INR 71 Lakhs) which was partly funded by generous donations by Rtn PP Aruna Umranikar, Rtn PP Narayan Rathi and other club members.

Beneficiaries of this project are about 40 children and 230 expecting mothers.

All the surgeries having been completed. The hospital arranged a 'Virtual' Gift of Life ceremony with some of the children (and their parents) who have benefited from this project.



Besides a virtual tour of the hospital and its facilities, the program also included interactions with the Chairman and one of the Trustees of the institution, the medical team and the hospital management team.

Next steps:

· Submit project completion report - Oct'21

Commence work on the 2nd phase of this project to cover ~100 children at a cost of US\$ 250k in partnership with RC Fort Wayne. Besides contributions from individual members, CSR donors will also be approached.

<u>GG2125659 - ZF CSR Project Phase 2 - Promote Quality Education by upgrading rural area Schools in Vadu Budruk"</u>

On 30th July'2021, The Rotary Foundation (TRF) approved our GG project relating to phase-2 of the Vadu Budruk school(s) upgradation project supported by a generous donation of Rs.27 lakhs (US\$ 35,625) from ZF Steering Gear (India) Ltd. under its CSR program. TRF has added US\$ 6,300, thereby enhancing the project value to US\$ 41,925. This will enable us to augment the scope of the project with additional items for the beneficiary schools.

Next steps and proposed timelines:

- Provide the details of the dedicated bank account opened for this specific project to Rotary Foundation completed.
- Rotary Foundation remits the project funds to RC Pune Central Trust expected in 2 weeks
- Connect with the beneficiary schools to revalidate the requirements by end Aug'2021
- Place orders in Sep'2021
- Receive delivery Sep/Oct'21
- Teachers' Training Oct/Nov'21 (subject to covid pandemic situation)
- Submit project completion report Dec'21

<u>GG2120091 - Happy School project for rural schools including the Jagruti Schools for Blind Girls at Alandi.</u>

On 11th August'2021, we have received in-principle approval from the Grants Centre. The application is now undergoing final review. If no additional queries arise, we should receive the formal approval in the next few days.

This project is supported by the generous donations/commitments from eight overseas partner clubs along with RCPC members. The project value is US\$ 51,360.

Project objectives:

1. Improving access to remote online learning through smart devices: to provide devices such as smartphones and tablet computers to the Z. P. School at Wablewadi , Shikrapur. The school administration will lend the devices



to needy students to enable them to participate in online classes. About 70 students will benefit directly in each academic year.

- **2. Improving Language Skills of rural school students:** to prepare students of a few rural schools for new career opportunities in the field of languages by teaching English and a few foreign languages (German and French) using Computer-based Language Learning Aids.
- **3. Assistance to Jagruti School for blind girls:** Around 110 students and 13 teachers will benefit from the project which aims to (a) provide smart canes for improved mobility; (b) provide laptops having special screen reader software which enables visually impaired students to work with computers.; (c) providing pedagogic training under a program titled "Teach with Technology" to all the teachers.

4. Upgradation of school Infrastructure:

- (a) providing benches for students thereby making the classroom environment comfortable for learning.
- (b) upgradation / renovation of existing toilets, thereby reducing the risk of illness and consequent absenteeism.
- (c) Training of teachers: to upgrade their subject knowledge and impart skills relating to contemporary pedagogic techniques.

Next steps and proposed timelines:

- Final Approval from Rotary Foundation expected in few days
- Provide details of the dedicated bank account opened for this specific project to Rotary Foundation completed.
- Rotary Foundation remits the project funds to RC Pune Central Trust expected in 2-4 weeks
- Connect with the beneficiary schools to revalidate the requirements by end Aug'2021
- Place orders in Sep'2021
- Receive delivery Sep/Oct'21
- Teachers' Training Oct/Nov'21 (subject to covid pandemic situation)
- Submit project completion report Dec'21

Vaccine On Wheels:

In a novel initiative, RC Pune Central, RID 3131, flagged off mobile vaccine clinics which are redesigned ambulance vans, to administer Covid doses in partnership with 'VaccineOnWheels' (VoW) and the municipal corporations of Pune, Pimpri-Chinchwad and Greater Mumbai and the Satara Jilla Parishhad. The mobile clinics reach out to underserved people who do not have access to government hospitals and who are hesitant to get vaccinated due to apathy, ignorance or old age, combined with the fear of visiting vaccination centres.

VoW, a social enterprise launched by Rtn Jignesh Patel, is a one-stop mobile clinic that creates hospital-like sterile setups near communities in need of vaccination. The municipal corporations provide vaccines (free of cost) and identify locations where the mobile booths will be set up. Each mobile clinic is equipped with cold chain facilities and AEFI kits to handle cases of 'adverse effects following immunisation'. The mobile clinic is manned by a doctor, two nurses, IT assistant for CoWin registration and a social worker to mobilise the beneficiaries. Once the vaccination drive is completed in an area chosen by the civic body, the clinic moves to another location.



Funded by the CSR partners, twenty-four mobile clinics are already operational in the above mentioned areas. Starting from mid-April'21, over 93,429 covid vaccine doses have been administered till date.

Pune's Mayor Murlidhar Mohol flagged off the first mobile vaccine unit in the presence of the Municipal Commissioner Mr. Vikram Kumar, Additional Commissioner Ms Rubal Agarwal and RCPC members.

In Pune, the mobile clinic has vaccinated over 200 workers at the construction site for Pune Metro Rail besides other vulnerable groups at old age homes, mental rehab institutions and other special centres taking care of disadvantaged people and destitute. For instance, at Niwara old age home, 180 senior citizens were vaccinated at their doorstep, while another 100 HIV-positive persons and sex workers were also administered the vaccine. Among the elderly was 105-year-old Kondiba who got vaccinated at one of the clinics.

This public-private partnership is working so well that the other cities like Goa, Nagpur, Hyderabad, Cuttack, Bhubaneswar and Puri have shown interest in doing similar vaccination camps in their areas and the respective clubs are in touch with RC Pune Central to replicate the project.

(here insert the latest dashboard)





Congratulations Rtn. PP Rakesh Bhargava



Rtn. PP Rakesh Bhargava has been appointed in following two Rotary India Committees:

- 1. Member, National Advisory Committee DPT & MCH (II), Rotary India Humanity Foundation
- 2. Member, RY 2021-22 CSR Working Group for India.

Appointment letters are given below:

To,
PP Rakesh Bhargava
Pune

Date: August 09, 2021

Subject: Appointment – Member, National Advisory Committee DPT & MCH (II) Rotary India Humanity Foundation

Dear PP Rakesh,

Greetings!

It gives us immense pleasure to announce that you have been appointed as Member, National Advisory Committee of Disease, Prevention & Treatment and Maternal & Child Health (II) under Rotary India Humanity Foundation (RIHF) for the period July 01, 2021 to June 30, 2022.

The goal of RIHF is to scale various projects at national level by developing and nurturing partnerships with Central and State governments, corporate and other organizations which help Rotary Clubs and Rotary Districts to do large projects. RIHF also focuses to provide technical know-how for various projects through TRF technical cadre as well as area specific experienced passionate Rotarian, so that information to implement projects is available for Rotarians pan India.

The passion and commitment of our Rotary International President Shekhar Mehta would show us the path and we all have to give our best to reach out to the last needy person to give services.

We welcome you on DPT & MCH (II) National Advisory Committee which is headed by PDG Dr. Balkrishna M. Inamdar as Chairman and look forward to work together.

Regards,

Dr. Mahesh Kotbagi RI Director A. S. Venkatesh RI Director Gulam A. Vahanvaty
Trustee



Subject: Appointment - RY 21-22 CSR Working Group of India

Dear Fellow Rotarians,

Greetings from Mumbai.

I am writing this with respect to the CSR Working Group for India.

We had a very fruitful 20-21 and thanks to the efforts of the Working Group, the new CSR TRF Grants for India have come into effect from July 1st, 2021. With the concurrence of Trustee John Germ this working group will continue to provide advice and assistance for 21-22 also and two new members have been added to this esteemed group:

- 1) PDG Deepak Gupta who is the new EMGA for Zone 4 and
- 2) PP Uday Pilani of D-3150

May I welcome both PDG Deepak and PP Uday to this distinguished group.

Thus the new team will now consist of the following eleven members:

- 1. Trustee Gulam A Vahanvaty (Chair)
- 2. EMGA Deepak Gupta Zone 4
- 3. EMGA J B Kamdar Zone 5
- 4. EMGA Pramod Kumar Zone 6
- 5. EMGA Suresh Hari Zone 7
- 6. PDG Sam Patibandla D3150
- 7. PDG Vinay Kulkarni D3131
- 8. PDG P Gopalakrishnan D3000
- 9. DGE Sandip Agarwalla D3141
- 10. PP Rakesh Bhargava D3131
- 11. PP Uday Pilani D3150

I do hope that you will accept this invitation and be a part of RY 21-22 CSR Working Group to take RFI's CSR initiatives to the next level.

Your reply, confirming your acceptance, will be greatly appreciated.

With Best Wishes & Regards,

Gulam A Vahanvaty Trustee





From Rtn. PP Prakash Gurbaxani



From Rotary Connect Committee or RCC

Past Presidents Raja, Prakash, Neeraj and Arvind

August is Membership Month

August is Membership Month, which means it's time to celebrate your Rotary club, your members, and the good you do in your community and around the world.

There are many ways to join in the celebration, but here are a few activities to get you started:

- **Say it loud, say it proud!** Let everyone in your social network know that you are a proud member by changing your Twitter and Facebook profile to the <u>I'm a Proud Member</u>, <u>I'm a Proud Rotaractor</u>, or <u>I'm a Proud Interactor</u> graphic. Copy and save the graphic as your profile picture for August.
- **Watch and share.** Download RI President Gary C.K. Huang's video on membership from <u>Rotary's Vimeo page</u>. Watch it at your next meeting or club event to highlight the vital role membership plays in maintaining a strong and active club.
- **Exchange ideas.** Do you have successful membership strategies that have worked well in your community? Share them on the <u>Membership Best Practices Discussion Group</u>.
- **We Are Rotary.** Using the hashtag #WeAreRotary, <u>post photos</u> to Facebook, Twitter, Instagram, or Vine of your club members at work in your community or abroad to show how Rotary makes a positive impact in the world.
- **It's Now or Never.** Join us on August 13 at 10:00 Chicago time (UTC-5) for our <u>Membership: It's Now or Never</u> webinar. It will feature international membership expert Nikki Walker discussing innovative ways of thinking about membership.
- **Making a difference.** Rotary clubs are known for the high-impact service projects they undertake locally and globally. Share stories about your service projects and how they improve lives on <u>Rotary Showcase</u>. Be sure to follow us on <u>Facebook</u>, <u>Twitter</u>, and <u>Instagram</u> to see what Rotary members around the world are doing to celebrate Membership Month.
- What does Rotary mean to you? Rotary members have pushed polio to the brink of eradication, delivered clean water to those in need, improved their local communities, provided scholarships to the next generation of peacemakers, and continued to do good in the world.

Rotary News 1-Aug-2014



From Rtn. P K Malhotra......

Beautiful story.....A very poor man lived with his wife.

One day, his wife, who had very long hair asked him to buy her a comb for her hair to grow well and to be well-groomed.

The man felt very sorry and said no. He explained that he did not even have enough money to fix the strap of his watch he had just broken.

She did not insist on her request.

The man went to work and passed by a watch shop, sold his damaged watch at a low price and went to buy a comb for his wife.

He came home in the evening with the comb in his hand ready to give to his wife.

He was surprised when he saw his wife with a very short hair cut.

She had sold her hair and was holding a new watch band.

Tears flowed simultaneously from their eyes, not for the futility of their actions, but for the reciprocity of their love.

MORAL: To love is nothing, to be loved is something but to love and to be loved by the one you love, that is EVERYTHING. Never take love for granted.

From Rtn. Pankaj Mehrotra......

Just for ⊕⊕⊕

Main aur mere senior Sherry Sir Daaru pee ke Gaadi mein jaa rahe the....

Tabhi Main chillaya,

"Sir... Deewar... saamne dekho deewar hai.... Deewar... Dewaar Sir dekhooo..."

And

Dhadaaaaam!!!

We hit the wall...

The next day in Military Hospital I asked Sherry Sir...

"Sirji...

main chilla chilla ke bol raha tha Deewar hai Deewar hai... suna kyu nhi aapne??" 🛘

Sherry Sir answered, "Sun ke kya karta Bewde... Gaadi to tu chala raha tha...!!



What to expect in the next two weeks......

- 21 Aug: Guest Speaker Mr. Sharan will talk on "Cryptocurrency"
- 28 Aug: Guest Speaker Mr. Avinaash Oza will talk on "Astrology"

Birthdays and Anniversaries...



Rtn / R'Ann

Rtn. Pres. Amitabha Mukhopadhyay Rtn. PP Krishan Jhunjhunwala R'Ann Sadhana Lachyan

Member and Spouse

Rtn. Oni and R'Ann Nafisa Kakajiwala

Birthday

August 17 August 19 August 20

Wedding Anniversary

August 19