



Club No. 26272

RI District 3131



Issue No. 4 : October 2024

PRATIMA

Bulletin of Rotary Club of Pune Kothrud

President
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Meetings:
Every Tuesday, 7 pm - 8:30 pm
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PRESIDENT'S MESSAGE



Dear Rotarians and Partners,
Greetings!

The month of September is celebrated as "Basic Education & Literacy Month" in Rotary. More than 775 million people over the age of 15 are illiterate. That's 17% of the world's adult population. Rotary's goal: to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy.

Our Club has been actively working in the field of Adult Literacy since last many years with support from Adim Foundation and their dynamic team of mentors. This month we opened 3 Adult Literacy Centres at Borghar, Ambegaon for the Adwasi population in those remote and extremely challenging areas. Our champion team lead by PP Rtn. Ujwal Tawde, Rtn Urmila Haldankar, PP Prashant Siddha, Rtn. Hemchandra Date, PP Vasant Kulkarni, PP Satyajit Chitale, Partner Ujwala Tawde, Partner Manisha Didmishe were present for this event. The participants in these centres were men & women with average age from 45-65 years.

Our teacher support program at Asian College by Rtn. Dr. Vishal Sardeshpande & PP Ujwal Tawde continues our mission to spread awareness of Entrepreneurship and Innovation amongst teachers who will then ignite the sparks amongst young minds and motivate them to look at new career options.

This month we have added one more dimension to our quest for doing community good through involvement of non-rotarians. We opened our first Urban Rotary Community Corps (RCC) for teachers of Nandadeep School at Mitramandal. A Rotary Community Corps (RCC) is a group of non-Rotarians who share our commitment to changing the world through service projects. RCC members plan and carry out projects in their communities in collaboration with local Rotary clubs. There are more than 12,000 corps in 105 countries and 257 districts. RCCs are active everywhere Rotary is present: in urban and rural areas, and in both developed and developing countries. PP Ujwal Tawde, Rtn. Urmila Haldankar, Partner Umesh Kulkarni led this activity of identifying the school and preparing the teachers for joining this unique program under the able mentorship of PP Prashant Siddha.

In the month of September, we celebrated Ganesh Utsav with an impactful public image initiative. We prominently displayed banners highlighting the commendable work accomplished by Rotary and our club in particular at ten renowned Ganesh mandals across the city. This initiative significantly enhanced the club's visibility, reaching over 30 lakh visitors who flock to these locations during the festive celebrations. We extend our heartfelt appreciation to Rtn. Hemchandra Date, PP Santosh Gupta, and PP Vija Raikar for their exceptional vision and diligent execution of this remarkable activity. Their commitment and creativity have

truly made a lasting impression on our community.

Our program committee has been diligently organizing a series of engaging and impactful programs focusing on unique topics.. This month we celebrated Teacher's day by expressing our gratitude to Principals of 3 schools where we have our Interact Clubs and also our own club champions in teaching. Mrs. Ingulkar, Mrs. Antre and Shri Kinger who are stalwarts in the education field spoke on the National Education Policy 2024, its benefits, challenges and the changes in the school education it plans to bring about. We also had unique experience to interact with Neelima Joglekar – Former Captain of Indian Women's Cricket Team and the first Lady Match Referee about her journey and various interesting stories from the cricket field. Partner Shobha Raikar and team deserves compliments for the planning of such interesting programs.

On 21st Sept RI District 3131 organised Basic Education & Literacy seminar where Hon. Minister Chandrakant Patil & ISER chairman Shri Arvind Natu were the guest of honour. We were the Co-Host for this event. Extremely happy and proud to share that our club was awarded with 7 STAR CLUB AWARD for its contribution in Literacy avenue in the last 46 days. We were the No.1 Club amongst 140 clubs in the district. Heartiest congratulations to all our Literacy team champions !!

We are progressing well in Community Service projects. We have received Rs.10 Lacs funding from Diacto Technologies for implementing Mobile with English Speaking App for students at Vanaaz school. Our planning for TB Eradication Program is almost complete and we will soon be delivering our first X-ray machine with unique AI software to reading and detecting the TB patients. Ramnadi restoration phase 2 work will soon start. I am extremely happy to share that through incredible efforts of fund raising committee led by PP Dr. Ravi Kulkarni and coordination with service project team led by Rtn. Sushma Kulkarni, we are ready with funding of Rs.70 Lacs for 6 projects out of 11. Fund raising activity through CSR for the remaining projects is in progress through efforts of PP Sumedha Bhosale, PP Shrikant Gogate, IPP Indraneel Mujgule, Rtn. Ashutosh Dabke, Rtn. Praveen More.

The month of October promises an excellent bouquet of events – Kojagiri night, Ekankika Spardha, Ann's Interest Meeting and our most awaited program Diwali Sanj. Looking forward to another month of meaningful projects, interesting fellowship and cultural events and participation of all club members to encourage and support the teams.

Thank you.
Best regards,
Rtn. Manish Didmishe
President 2024-25



My Dear Rotarians and Partners,

I am very happy to present you the Pratima during this auspicious Navarati Season. The RI theme for this month is, 'Community Economics & Development', a very important aspect of our life. I therefore chose the front cover page photo that symbolizes the act of coming together and the plant that symbolizes growth. Rtn. Sushma Kulkarni has expressed her

thoughts on this theme in depth, which are a part of this Pratima.

I take this opportunity to wish you all and your families a great festive season. I am sure the blessings of Ma Durga will bring happiness and prosperity to you all.

Director's Corner

Rotary's Role in Community Economic Development Rotary International has a longstanding commitment to enhancing community economic development globally. Through its network of clubs. Here are some key aspects of Rotary's involvement in this vital area:

Local Empowerment

Rotary emphasizes empowering local communities to take charge of their own development.

Clubs often engage in projects that support entrepreneurship and small business growth, providing training, mentorship, and resources to individuals. This grassroots approach ensures that solutions are tailored to local needs and contexts.

Job Creation

Enhancing skills through vocational training programs this help to reduce unemployment and increase economic stability in communities.

Education and Skills Development

Education is a cornerstone of economic development. Rotary invests in educational initiatives vocational training that equip individuals with the skills necessary for the job market.

Infrastructure Improvement Rotary often participates in infrastructure projects that enhance economic activity. This

includes building schools, health facilities, and sanitation systems, which improve the overall quality of life and create an environment conducive to economic growth. .

Advocacy and Awareness

Rotary advocates for policies that promote economic development at local, national, and international levels. By raising awareness about economic issues, Rotary helps to mobilize support and resources for initiatives that can lead to systemic change.

Sustainability Focus

Rotary projects are designed with sustainability in mind. By promoting practices that ensure long-term viability, such as environmental stewardship and social responsibility, Rotary helps communities build resilient economies capable of withstanding future challenges.

Through a multifaceted approach that emphasizes local empowerment, education, infrastructure, and global partnerships, Rotary plays a crucial role in fostering community economic development. By addressing the unique needs of communities, Rotary not only improves livelihoods but also promotes social cohesion and resilience, ultimately contributing to a more prosperous and equitable world.

Rtn. Sushma Kulkarni



Visit to Mana.. Tibet

Visiting any place that is ranked either first or last is always quite exciting. I'm going to talk of such a place that exists in Uttarakhand,... a place called Mana (माण) It's reputation was that of the last Village before entering Tibet. But then after his visit our dear prime minister Modiji has changed this name to being the first village of Bharat.. It has a very popular shop which was called the last tea shop in India (भारत की आखरी चाय की दुकान) which is now the first tea shop in India. (भारत की पहली चाय की दुकान).

Manibhadrapuri is its old name. It is in the district Chamoli 26 km from the Tibetan border. It has an altitude of 3,200 m and is the beginning of the NH 7 highway of Bharat. It is about 4 Km from the holy site of Badridham. It's a place of sparse local population of less than 13 00 with hundreds of tourists visiting it everyday. We were lucky to have a senior local guide to help us around understanding the many other places of significance. There are many distinct spots of historical and mythological background revered by many.

The Vyas gufa the Ganesh cave (gufa), the Bhim Pul, the Swargarohan Dwaar.. the gateway to heaven , are. Just some of the sites with ancient references, with a modern Saraswati mandar to add to the beauty.

World's largest epic the Mahabharata of more than 1 lakh shlokas was dictated uninterrupted by the sage Vyas in his cave and was put down on paper by lord Ganesh in the Ganesh gufa. Rishi Vyas also narrated the Vedas to his four disciples Pail, Vaishampayan, Jaimini and Sumant who compiled the four Vedas Rigveda, Yajurveda, Saamveda and the Atharva veda.

Travelogue



The Rock cave and the corresponding temple have a rock structure behind that is similar to layers of scriptures that were written down by lord Ganesh.

Vyas was disturbed by the sound of Saraswati river and so cursed her to disappear. At this point, she disappears as soon as she merges with Alaknanda.

These two form the first confluence or prayag known as the Vishnu Prayaag. The Pandavas are said to have ascended to the heavens from this point onwards, crossing the Saraswati river over a huge boulder. It was placed there by Bheem to help them cross to the other side.

Further down, the path gradually rising upwards is a very difficult Trek.

A beautiful modern Saraswati temple and a gateway to heaven known as swarga Rohan dwaar has been built there by Patangrao ji Kadam. In the melting glaciers and cool weather, there are beautiful flowers that bloom enhancing the beauty of nature around. Drinking a tasty herbal local drink in the 'Bharat ki pehli Chai ki dukaan' I started off my return journey to Pune.

PP Rtn. Prakash Jog



पुस्तक परिचय

आध्यात्मिक जीवनासाठी मार्गदर्शन

पुस्तकाचे नाव : आता नाही तर केव्हा ?

लेखिका : स्मिता जयकर

भावानुवाद : नीला सत्यनारायण

प्रकाशक : कॉन्टिनेन्टल प्रकाशन, पुणे

पाने : १३६

किंमत : रु. १७५/-

प्रसिद्ध अभिनेत्री स्मिता जयकर यांनी लिहिलेले आणि कर्तबगार प्रशासकीय अधिकारी नीता सत्यनारायण यांनी भवानुवादित केलेले हे पुस्तक आध्यात्मिक जीवनाचे आणि तदनुषंगाने प्राप्त होऊ शकणाऱ्या सुखी, समृद्ध, आनंददायी जीवनाचे सच्चे मार्गदर्शक आहे. गुरुदेव प्रभुजी ठक्कर, चेन्नई येथील वननेस स्पिरिचुअल युनिव्हर्सिटीचे श्री. भगवानजी आणि अम्माजी यांच्या शिकवणुकीवर आधारित असे हे पुस्तक सामान्य जनांना आध्यात्मिक बनण्यासाठी दीपस्तंभासमान आहे.

वरवर पाहता अभिनय आणि अध्यात्म हे परस्परविरोधी भासत असले तरी हे त्यांच्या व्यक्तित्वाचे दोन पैलू आहेत. एका संतापी, चिडचिड्या, मत्सरी, निराशाजनक विचारांच्या प्रभावाखालील अभिनेत्रीचे आध्यात्मिक साधनेमुळे एका शांत, सुखी, आनंदी आणि संयमित व्यक्तिमध्ये कसे परिवर्तन झाले याचा रंजक प्रवास या पुस्तकात आहे. आध्यात्मिक मार्गदर्शन करताना त्यांच्या व्यावहारिक आणि आध्यात्मिक अनुभवांविषयी त्या वाचकांबरोबर खुल्या मनाने चर्चा करतात. कोणत्याही प्रसंगाकडे बघण्याचा आपला दृष्टिकोन आणि आपला प्रतिसाद हेच आपल्या दुःखाचे मूळ कारण असते. त्यामुळे आपणच आपल्या दुःखाचे कर्त-करविते असतो. म्हणून आपण स्वतःला बदलले की आपल्या जीवनात अमूलाग्र बदल घडून येतात. यासाठी आवश्यक असलेल्या अंतर्मन आणि बाह्यजगत यांच्यात संतुलन साधण्याच्या प्रयत्नांना लेखिका अध्यात्म म्हणून संबोधित करते.

अध्यात्म ही जीवन जगण्याची एक स्वतंत्र शैली असून एका नव्या दृष्टिकोनातून जगाकडे पाहण्याची वृत्ती आहे. ती कोणत्याही धर्माशी संबंधित नाही. ती खऱ्या अर्थाने धर्मनिरपेक्ष आहे. तिला स्थळ-काळ-परिस्थितीचे कोणतेही बंधन नाही. यात दुसऱ्याला नव्हे तर स्वतःलाच आतून बदलायचे आहे. कोणाशीही तुलना किंवा स्पर्धा करायची नसून स्वतःलाच आरशात पहायचे आहे. स्वतःला समजावून घ्यायचे आहे. षड्रिपूंचा त्याग करायचा आहे. ईश्वरी इच्छेशी जुळवून घ्यायचे आहे. मनाची तन्मयता आणि दैवी चिन्मयता यांची एकरूपता साधायची आहे...!

आध्यात्मिक विचारांकडे आकर्षित होणाऱ्या साधकांना अनेक प्रश्न असतात, शंका-कुशंका असतात. त्यांची समर्पक उत्तरे लेखिकेने

विस्तृत विवेचनाद्वारे दिली आहेत. पहिला महत्त्वाचा प्रश्न म्हणजे, 'आपण आध्यात्मिक केव्हा बनायचे...?' पुस्तकाच्या शीर्षकातच लेखिकेने हे उत्तर दिले आहे आणि ते अतिशय योग्य आहे. पुढील स्वाभाविक प्रश्न म्हणजे, "आध्यात्मिक व्हायचे म्हणजे काय आणि कसे...?" किंवा "आध्यात्मिक सराव कसे करावेत...?" किंवा "आध्यात्मिक होताना काही त्याग वगैरे करावे लागले का...?" "आहे त्या जीवनशैलीत आध्यात्मिक बनणे शक्य आहे का...?" या आणि अनुषंगाने येणाऱ्या पुढील सर्व प्रश्नांना पुस्तकात उत्तरे आहेत. अनुक्रमणिकेवर नजर टाकली तर सर्व छोट्याछोटी प्रकरणांमध्ये एक विशिष्ट क्रम असल्याचे आपल्या लक्षात येईल. वाचन करताना आपल्या सर्व प्रश्नांना यातून समर्पक उत्तरे मिळत जातील. हा विशिष्ट क्रम म्हणजे वेगवेगळ्या आध्यात्मिक पायऱ्या असल्याचे आपल्या ध्यानात येईल. एकदम घाई नको... एक एक पायरी चढायची आहे. बहुसंख्य प्रकरणांनंतर दिलेले प्रेरणादायी सुविचार काळजीपूर्वक वाचून अंगीकारायचे आहेत. आध्यात्मिक प्रवासात गुरुची आवश्यकता, गुरूंचे प्रकार, 'ज्ञेन' विचार, शिवशक्ती, चैतन्य, अंतर्मनाची जाणीव, त्याचा दैनंदिन जीवनावरील परिणाम, जाणीवांमधील फरक, संतुलन, मनःशांती, भूत भविष्याची भीती, ईश्वरी इच्छा, स्वत्वाची ओळख, एकरूपता (एकात्मता-तादात्म्य) शरीरातील सप्त चक्रे व चक्रध्यानाद्वारे त्यांचे मंत्रोच्चाराने संतुलन, शरीरकोश, कुण्डलिनी शक्ती, भावबंध, हवन, अंतर्दामी संवाद, भावसमाधी, धानधारणा व त्याची तंत्रे अशा अनेक सविस्तर आणि मार्गदर्शक चर्चा करून शेवटी पुन्हा साधकांच्या शंका-कुशंकांचे निरसन लेखिकेने मोठ्या ताकदीने केले आहे.

पुस्तक वाचून झाल्यावर प्रचंड सकारात्मक विचारांनी मन भरून येते. जीवन सुखी आणि आनंदी होण्यासाठी आध्यात्मिक वाटाड्या मिळाल्याचा आनंद होतो. सुलभ भाषाशैली, लेखिकेने वैयक्तिक आणि आध्यात्मिक जीवनाविषयी वाचकांशी साधलेली जवळीक, अनेक क्रियांचे सोदाहरण विवेचन, संभ्रमांचे यथोचित निवारण, आध्यात्मिक सल्ला मसलत इत्यादी वैशिष्ट्यांमुळे वाचक वाचनात दंग राहतात. त्यांच्या प्रश्नांची उत्तरे मिळाल्याने समाधानी होतात... यातच या पुस्तकाचे वेगळेपण आहे...!

- दिलीप पांगारकर

ए-६०३, ऍवियन्स ऍटिलिया, पाषाण रोड,
मराठा मंदिराचे मागे, एल एम डी चौकाजवळ,
बावधन (बु), पुणे ४११०२१.

मोबाईल ९८२३१४२३५९

ई-मेल - dilip.pangarkar.2012@gmail.com



Ann's Interest Meet: 24 September 2024

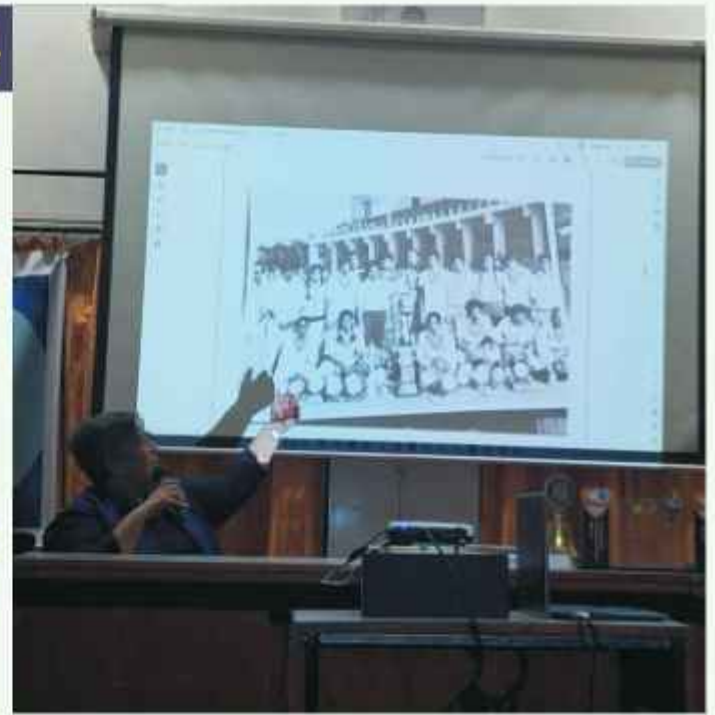
We had an excellent Ann's Interest meet which was appreciated by everyone. We had an opportunity to host the cricket legend & umpire Ms. Neelima Jogalekar. In the following lines I am giving you in a nutshell this interesting journey of Ms. Jogalekar.

From Behind the Stumps to the Umpire's Chair :

Neelima Jogalekar wasn't just a cricketer; she was a trailblazer, a pioneer who defied expectations and shattered glass ceilings. In a time during late 70's and 80's when women's cricket was still finding its footing in India, Neelima stood out like a beacon, illuminating the path for countless others.

She shared how the journey began behind the stumps, where her sharp reflexes and keen eye made her an invaluable asset to the Indian women's team. But Neelima wasn't content with just keeping wickets. She aspired to lead, to inspire, and to make a difference. And so, she stepped up to the captaincy, guiding her team with unwavering determination and a strategic mind.

Neelima's leadership was more than just winning matches; it was about empowering her teammates



and breaking down barriers. She proved that women were capable of excelling in a sport that was traditionally dominated by men. Her courage and conviction paved the way for future generations of women cricketers, inspiring them to dream big and chase their passions.

But Neelima's journey didn't end there. After a successful playing career, she took on a new challenge: becoming the first woman referee in India. This



ground-breaking achievement showcased her versatility and her commitment to the sport. Her experience as a player gave her a unique perspective, allowing her to understand the intricacies of the game from a referee's point of view.

Neelima's legacy is more than just her achievements on the field. It's about her unwavering spirit, her determination to make a difference, and her ability to inspire others. She has shown us that with hard work, dedication, and a belief in oneself, anything is possible. Neelima Jogalekar is not just a cricketer; she is a legend, a role model, and a symbol of empowerment.

As Neelima Jogalekar aptly stated, "Life is like cricket, a game of chance." Her journey is a testament to this philosophy. She embraced the challenges and uncertainties that came her way, turning them into opportunities for growth and success. Neelima's legacy will continue to inspire future generations of women cricketers, reminding them that with the right attitude and perseverance, they too can break barriers and achieve greatness.

Rtn Poornim Deo



We are Proud of you Partner Dr. Jyoti Jog

स्टॅनफोर्ड युनिव्हर्सिटीमधील शास्त्रज्ञ दरवर्षी जगातील सर्वोच्च २% शास्त्रज्ञांच्या जागतिक क्रमवारी प्रसिद्ध करतात. जगातील सर्व शास्त्रज्ञांचे त्यांच्या संशोधन कार्यावर प्रसिद्ध केलेल्या पेपरवर आधारीत मूल्यमापन करून (citation index based) ही क्रमवारी ठरवली जाते. या मूल्यमापनासाठी यावर्षी २२ वैज्ञानिक क्षेत्रे आणि १७४ उप-क्षेत्रांतील २,२३,२५२ शास्त्रज्ञांची क्रमवार यादी प्रसिद्ध करण्यात आली आहे. यावर्षी ही सलग तिसऱ्यांदा जगातील टॉप २% शास्त्रज्ञांत डॉ. ज्योति जोग यांची गणना झाली आहे. स्टॅनफोर्ड युनिव्हर्सिटीचे वार्षिक रँकिंग हे जगातील सर्वोच्च २% शास्त्रज्ञांच्या जागतिक क्रमवारीचे व्यापकपणे मान्यताप्राप्त स्रोत आहे.

नव दुर्गा

आदी शक्ति तू, आदी रुपिणी, माता जगताची,
स्वयं-तेजाने झगमगशी तू; माता जगताची.

दुष्ट राक्षसा ताडन करशी, माता जगताची.
अष्टभुजा तू, शस्त्र धारिणी; माता जगताची.

वनराजाला वाहन करशी, माता जगताची;
स्त्री जन्माचे सार्थक करशी; माता जगताची.

- नीता यादवाड

RCPK's Proud Moment

It is indeed a proud moment for us that we RCPK received a prestigious 7 star club award at Literacy Seminar. This was possible only because of tremendous efforts taken by our PP Rtn Ujjwal Tawde , Rtn Urmila Haldankar and their team. Hats off to you Rtn Ujjwal and team!



- 3 Partner Sayli Dabke
- Partner Sheetal Potnis
- 4 Rtn Sushma Kulkarni
- 7 Rtn Mandar Lele
- 14 Partner Lalita Joshi
- 18 Rtn Rahul Khandekar
- 26 Rtn Praveen More
- 28 Rtn Satish Inamdar
- 30 PP Rtn Sanjay Runwal



12 Rtn. Pradeep -Partner Madhavi Kulkarni

For Private Circulation Only

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