

METROPOLITAN

President Rtn Amita Nene Secretary Rtn Rajas Phadke Editor Anna Uday Subhedar

ISSUE 5



November – Foundation Month

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November Calendar

Nov 7- **Accordion** by
**Amit Vaidya &
Election of
Nomination
Committee**

Nov 17- **Full Day
Picnic**

Nov 28- **Children's Day
Celebration**

Nov 30 – **RID 3131
Foundation Seminar**



November कलायात्री

**Rtn Rahul & Smita Bakre
Rtn Datta & Kavita Deshpande
Rtn Ashish & Vaidahi Jog
Rtn Hemant & Madhura Atre**

PRESIDENTIAL – Rtn Amita Nene



My Dear RCPM family members,

Can't believe we have already completed one amazing quarter of Rotary year 24-25 and it was not possible without all of you!! I am so happy that each one of you have Done a fantabulous job in making the Q1 Memorable and impactful, friendship & fellowship as well as service to the society have both been an integral part of our Rotary life all these months.

I am filled with pride and gratitude for the remarkable journey so far, as I bring you the 5th bulletin for this year.

Over the past months, our club has witnessed incredible initiatives, driven by the passion and commitment of each one of you. From service projects that uplift the underprivileged to initiatives promoting education and health, each of your dedication exemplifies fellowship and service - the spirit of RCPM. It is heartening to see how our members have come together, fostering friendships and leveraging connections to amplify our impact.

In this edition, we highlight our recent projects, member achievements, and upcoming events. Each story within these pages underscores our core values of service, fellowship, and integrity. I encourage you to read, reflect, and engage with the content. Let it inspire you to think about how we can further our mission and reach even greater heights. I also appeal to each one of you to come forth to contribute with articles, stories and insights to the future bulletin editions. We would love to hear more from each one of you.

With festivities in the air, and a positive uplifting atmosphere all around, we are all charged up to add vibrancy and happiness to the lives of those around us. The festive spirit upheld through this month, with members grooving to garba and dandiya moves and tunes at our Dandiya evening. A very vibrant Diwali celebration

evening continued the festivities, that showcased the artistic creative talent of the RCPM family in an exquisite Art exhibition. The evening was made further delightful by a musical treat to the ears (स्वर संध्या program) and then a gourmet treat to the tummies (पंगतीचे जेवण)

As we look ahead, I invite each of you to actively participate in our upcoming events, programs and projects. Your participation and involvement are crucial as we continue to be a force for positive change.

Thank you for your unwavering support and dedication to our club and our initiatives. Let us move forward with renewed energy and commitment, knowing that we are part of something much larger than ourselves. Thank you for your commitment to our tagline – TEAM: Together Everyone Achieves More!!

Season's Greetings to all my RCPM family members.... Wishing you all a very happy and prosperous Diwali and a very rewarding year ahead full of positivity, motivation, purpose and passion.



With lots of love and best wishes....

Rtn Amita Nene

President RCPM RY 24-25



आरोग्यभान

डॉ. मोहन देशपांडे आणि त्यांचे सहकारी आरोग्यभान ही संस्था चालवतात. पुण्यात औंध मध्ये त्यांचे कार्यालय आहे. त्यांचा हा उपक्रम भारतभर चालतो आणि आत्तापर्यंत त्यांनी अशी २८० च्या वर शिबिरे भारतभरातल्या शाळांमध्ये केली आहेत.

डॉक्टर आणि त्यांची टीम फारच समर्पित आहेत, विद्यार्थ्यांचा प्रतिसाद आणि उत्साह उत्तम आहे.

दि ७ ऑक्टोबर रोजी मी, हर्ष आणि अल्ताफ पाठारे शाळा खराडी येथे आरोग्यभान प्रोजेक्ट ला जाऊन आलो. तिथे जाऊन आल्यावर आमचे मत अंजली सारखेच झाले आहे . तरी प्रत्येकाने एकदा तरी अनुभवाच.

३री - ४थी , ७-७ वी आणि ८-१० वी अश्या तीन बॅचेस मध्ये ४+४+७ असा एकूण १३ दिवसाचा एक प्रोजेक्ट चालतो -सकाळी १०-२ दर शनिवारी. गप्पा गाणी कला अश्या माध्यमातून मुलांबरोबर आपले शरीर, कुटुंब, आरोग्य, निसर्ग व त्याचा एकमेकांशी संबंध असे विषय चर्चिते जातात.

एकच उदाहरण सांगतो -

प्रत्येकाला त्याचे स्वतःचे नाव आणि आडनावाच्या जागी निसर्गाशी संबंधित एक वस्तू, गोष्ट असा शब्द - हे त्याचे पूर्ण नाव उदा- अरुण धबधबा

डॉक्टरनी आम्हाला पण आमची ओळख अशीच करून द्यायला सांगितली.

मी - नीळकंठ टेकडी ,अशी करून दिली

जो चित्रांचा फोटो आहे ती - "माझे कुटुंब "- ह्या विषयावर काढलेली चित्रे आहेत. आपल्या संपूर्ण शरीराची माहिती सांगणारे एक गाणे आहे - जादूची पेटी (शरीर ही एक जादूची पेटी आहे)

एकदा जरूर जा

रो. नीळकंठ टेकडी



RCPM conducted its next session on Arogyabhan on 19th October, 2024 at Pathare School, in form of an exhibition in presence of the sponsors of the project- trustees of Manaji Rajuji Hindu Sanitorium Trust. This turned out to be a a very nice summarisation, presentation and exhibition session for the work done so far under Project Arogyabhaan....

Loads of applause for Project Director Anjali for the single handed work she has put in to make this project successful. Be it consistent coordination with the facilitating team of Dr. Mohan Des, with the Pathare school authorities for logistical arrangements, engaging non Rotarian friends for on the ground support, tying up with a senior citizen home near the school for refreshments and lunch and bio-support, she managed it all. Her untiring commitment is really commendable.

RCPM family is so proud of you





Addiction Awareness session

Screen time is a serious and volatile issue nowadays. Parents and children are struggling to solve the same. What is the solution for this? How can one handle this issue? For our interactors RCPM Youth team introduced "Screen Addiction Awareness" Project.

RCPM and Excellent and experienced Councillors from Mukhtangan were arranged and the first session was carried out at Mansukh Kothari School, Kondhwa on 8th of October 2024. Mr. Nihar Hasabnis and Mr. Madhav Kolhatkar from Mukhtangan guided students and explained to them about the do's and don'ts while using the mobile screen. The session was interesting and interactive too. Students were enthusiastic and curious. Rtn. PP Altaf Chikodi, Rtn. Bhalchandra Joshi and Rtn. Anagha Joshi were present from RCPM.





गाडेकरवाडी व राजेवाडी येथे प्रौढ साक्षरता वर्ग सुरु

रोटरी क्लब ऑफ पुणे मेट्रो चॅरिटेबल ट्रस्ट आणि आदिम संस्थेचा उपक्रम

घोडेगाव : रोटरी क्लब ऑफ पुणे मेट्रो चॅरिटेबल ट्रस्ट आणि आदिम संस्कृती, अभ्यास, संशोधन व मानव विकास केंद्र यांच्या संयुक्त विद्यमाने राजेवाडी, गाडेकरवाडी (गोहे खुर्द) येथे प्रौढ साक्षरता वर्ग सुरु करण्यात आले. आदिम संस्कृती अभ्यास, संशोधन व मानव विकास केंद्र या संस्थेच्या वतीने मागील १० वर्षांपासून पुणे जिल्ह्यातील वेगवेगळ्या गावांमध्ये प्रौढ साक्षरता वर्ग राबविले जातात. आतापर्यंत संस्थेने ४० पेक्षा अधिक गावांमध्ये प्रौढ साक्षरता वर्ग सुरु करून ६०० पेक्षा अधिक महिलांना साक्षर करण्याचे काम केले आहे.

दरम्यान यावर्षी नव्याने आंबेगाव तालुक्यातील गोहे खुर्द येथील गाडेकरवाडी, राजेवाडी व साबळेवाडी येथे नुकतेच प्रौढ साक्षरता वर्गाचे उद्घाटन करण्यात आले. हे वर्ग सुरु करण्यासाठी रोटरी क्लब ऑफ पुणे मेट्रो चॅरिटेबल ट्रस्ट यांनी आर्थिक सहकार्य केले आहे. या वर्गामध्ये ५० महिलांना लेखन, वाचन, अंकगणित, आर्थिक साक्षरता, आरोग्य साक्षरता, कायदेविषयक माहिती इत्यादी बाबींचे शिक्षण दिले जाणार आहे. राजेवाडी येथील वर्गात शारदा म्हसळे, साबळेवाडी येथील वर्गात मंदा गभाळे व गाडेकरवाडी येथील वर्गात महेश गाडेकर हे स्वयंसेव म्हणून शिकवण्याचे काम करणार आहेत. यावेळी उपस्थित नव्याने प्रौढ साक्षरता वर्गात शिक्षण घेणाऱ्या महिला व पुरुषांना पाटी, पेन्सिल व स्वयंसेवक यांना शिकण्यासाठी आवश्यक ते साहित्य वाटप करण्यात आले.

या साक्षरता वर्गाचे उद्घाटन प्रसंगी बोलताना संस्थेचे मार्गदर्शक राजू घोडे यांनी शिक्षणाचे महत्व उपस्थित महिला व पुरुषांना सांगितले. शिक्षण घेतल्यामुळे माणसात परिवर्तन घडत असते, नवा दृष्टीकोण विकसित होत असतो असे यावेळी बोलताना सांगत होते. यावेळी आदिम संस्थेच्या व्यवस्थापक व प्रकल्प समन्वयक स्नेहल साबळे, सहाय्यक व्यवस्थापक समीर गारे, संस्थेच्या कार्यालयीन सहाय्यक दिपाली खामकर, राहुल कारंडे उपस्थित होते. ग्रामपंचायत राजेवाडीच्या सदस्या मंदा गभाळे, महेश गाडेकर आदी मान्यवर नागरिक उपस्थित होते.





म. ए. सो. रेणुका स्वरूप इन्स्टिट्यूट ऑफ करिअर कोर्सेस आणि रोटरी क्लब ऑफ पुणे मेट्रो यांच्या संयुक्त विद्यमाने सर्व प्रशिक्षणार्थिनींकरिता कार्यशाळेच्या शृंखलेमधील दुसरी कार्यशाळा (दुसरे पुष्प) - "परिघाबाहेर -Out of Boundary "भावे प्राथमिक शाळे"च्या हॉलमध्ये दि.२२ ऑक्टोबर २०२४ रोजी आयोजित करण्यात आली होती. या विषयावर मा. डॉ. माधवी मेहेंदळे यांनी सर्वांशी संवाद साधला.

या कार्यक्रमासाठी करियर इन्स्टिट्यूटच्या संचालिका शुभांगी कांबळे इन्स्टिट्यूट मधील सर्व विभागाचे प्रशिक्षक व प्रशिक्षणार्थी मिळून ८५ जण उपस्थित होते.

मा. व्यक्त्या डॉ. माधवी मेहेंदळे यांनी 'परिघाबाहेर' या विषयावर सर्वांना खूप छान पध्दतीने व सोप्या भाषेत मार्गदर्शन केले त्यामध्ये त्यांनी- आपण स्वतःभोवतीचे परीघ सोडून बाहेर पाऊल ठेवायला हवे आणि हे करत असताना लोक काय म्हणतील, मला हे जमेल का या गोष्टींचा विचार न करता पुढे जायला हवं. एक स्त्री म्हणून आपण नेहमी अनेक जबाबदाऱ्यांची बंधनं आपल्यावर घालून घेतलेली असतात ती दूर करून out of boundary जाण्याचा प्रयत्न करायला हवा. परिघाबाहेर जात असताना आपले काही टेस्ट मीटर्स चेक करायला हवेत जसे की - ही गोष्ट करून मला आनंद मिळेल ना आणि ताण येणार नाही ना... जर उत्तर समाधान देणारं असेल तर बिनधास्त परिघाबाहेर भरारी घ्यावी.

सर्व मुलींनी कार्यक्रमात उस्फूर्तपणे व मनापासून भाग घेतला आणि आपले अनुभव सांगितले. कार्यक्रम छान झाला.





Project - Sankalp Vasatigruh, Rashin Ahmednagar

I have visited the Sankalp Vasatigruh a couple of times before, and every time it creates an impact which I find difficult to express. The facility, which provides shelter and education to underprivileged Pardhi children, continues to make a significant impact on their lives. The young children are happy to see a visitor and curious about the car you drive in, the clothes you wear, the shoes you have on. They greet you with a smile and then go along doing the chores they have been assigned to. The children's enthusiasm and resilience, despite their circumstances, is always inspiring.

This visit was no different. Myself and President Amita started early morning at 6.30 AM on 23-Oct-24 and enjoyed the 2.5 hrs drive to Rashin with very less traffic at this early hour. We left Solapur highway at Bhigwan and a probable plan of making a RCPM day-trip to see the

flamingos along with a visit to the Vasatigruh was thought of. The roads are pretty good all through and it was a comfortable drive.

We had identified some infrastructure related needs for the vasatigruh at the beginning of the year, but were delayed due to heavy rainfall this year. The first item checked off the list was getting them **CEMENT BENCHES** which were installed around 15-Aug and have been providing comfortable seating for the kids to study and for recreational activities. We had also provided them with an **INVERTOR with 2 BATTERIES**, to help them get through the longer periods of power outage, especially during exam period and at night.

For this visit, we had the agenda to get specific details on the construction of new building for accommodating around 70 more children. Once we have all the required documents, the CSR team will actively start pursuing leads to get the construction work done.

We distributed few **SPORTS EQUIPMENT** for the kids – badminton rackets and shuttles, football, basketball and hoop, balls, skipping ropes and frisbees, to promote physical activity and well-being. The joy on the faces of the children was very satisfying to see. They were eager to start playing immediately, but were to be scolded and sent off to get ready for school.

We also distributed **GOODIES** to the children and gave each one of them **RCPM CAPS**.

Activities planned in the coming months – Bolkya bhinti covering the compound wall and the existing structure walls will begin after Diwali, a set of clothes for all the children (if possible before Diwali), used bicycles for kids old enough to go by themselves to school, set of 15 plastic chairs (in computer lab setup), a trolley to setup inverter and batteries as well as checking of feasibility of getting lockers for the children to keep their books and clothes.

We are enjoyed a very simple yet delicious breakfast there and it makes us realize how fortunate we are! I remembered an appeal from Mr. Vijay Bhosale for ration sometime back. They had only about 8 days of ration for the kids remaining. The struggle is real and ongoing.

The visit to Sankalp Vasatigruh reaffirmed the importance of the project and the positive impact it will have on the lives of the children. By providing essential resources and support, RCPM continues to empower these young individuals and contribute to their overall development.

Hope to see more of you all joining for the next visit and experience the joy of making a small difference in their lives.

Rtn Prerana Joshi



RCPM Book Donation Drive - Phase 1

RCP Metro's Book donation drive Project was initiated on 25th October Phase 1 donation at Rajtoran English Medium School at Malavali, Velhe.

The Phase 1 of the project was carried out by Anna Sachin Nene and Anna Kedar Joshi who handed over the books to the Principal and

students of Rajtoran School. School trustee Shri. Santosh Dasawadkar was also present during this drive. Anna Kedar addressed the students and teachers on this occasion.

Lots of appreciation for project convener Rtn Altaf for meticulously collecting and organising the books for donation to 3 identified schools. Our book donation project has a synergy partner in RC Poona Midtown having contributed 55 books for this drive.

The next 2 phases of the drive will be conducted by Altaf at our 2 interact schools - Rathi school & Agashe school, when the schools reopen post Diwali Holidays.

Here's to another impactful project for the young generation.

Congratulations TEAM RCPM!!!





27th November – Rotaract Club

A very nicely organised installation program by Rotaractors... I was really impressed by their enthusiasm and camaraderie. Who would believe that only a handful of members transitioned from last yr to this year... Rest all are new members! Couple of them were first inducted as members and 10 min down the line were installed as BOD officers!

A large number of their copsmates and district rotaractors were present and it was so nice to see they were all thick. Notwithstanding their own position /post the entire audience cheered the new BOD members. The DRR and IPDRR present were friendly and set an informal tone to the entire proceedings.

The absence of stiffness in approach and the freshness in their demeanour was certainly welcoming.

Rtr Anish Mane was installed as President and Rtr Aryan Kurhade as Secretary for 24-25.

These rotaractors have done some really good work through last RY and have planned some good ones this year too.

RAC Pune Metro is already looked upon highly in the Rotaract world and with good guidance and support from us, they should be making a mark for themselves!



Progress Report – Rtr President Anish Mane

This report provides a chronological overview of the events organized by the Rotaract Club of Pune Metro, reflecting the club's dedication to community service, cultural celebration, and member engagement.

1. Yeh Toh Viral Jayega - July 2024

Description: Featuring social media influencer Varad R Tistic, this event explored strategies for creating engaging online content and understanding trends in social media. **Impact:** Equipped participants with insights to enhance their social media presence and leverage viral content.

2. Friendship Day Tournament- August 2024

Description: A Friendship Day event filled with games and team-building activities, encouraging camaraderie and teamwork among members. **Impact:** Strengthened friendships and enhanced the club's community spirit.

3. Aitihaasik Ramayan- August 2024

Description: A cultural presentation of the Bal Kaand from Valmiki Ramayan, blending storytelling with music by Team Itihaas. **Impact:** Provided a rich cultural experience, fostering appreciation for traditional Indian narratives.

4. Vriddhi- August 2024

Description: A health and wellness event focusing on yoga, strength training, and diet with experts Rohan Kokil, Aryan Raykar, and Subhashini Darekar.

Impact: Encouraged participants to incorporate wellness practices into their lives.

5. Planning Assembly- August 2024

Description: A strategic session where the club presented its plans for the upcoming year to the District Zonal Representatives (DZR) and other council members. **Impact:** Strengthened communication with district leaders, setting a clear roadmap for the year.

6. Garima - Silent Candle March- September 2024

Description: A candle march in response to the increasing rape cases in India, conducted to raise awareness and show solidarity. **Impact:** Sparked important discussions on women's safety, inspiring community awareness and action.

7. Samyati 2.0 - Inter-District Cultural Exchange- :September 2024

Description: A three-day cultural exchange event where the club hosted guests from RID 3060, Gujarat, showcasing local traditions and fostering inter-district fellowship. **Impact:** Built connections across districts, promoting cultural understanding and strengthening Rotaract networks.

8. Vardaan- September 2024

Description: A donation drive to collect notebooks and stationery for underprivileged students, reinforcing the club's commitment to education.

Impact: Provided vital resources to students in need, reinforcing the club's commitment to educational support.

9. Ganadhisay Utsavam- September 2024

Location: Yuvak Mitra Mandal, Subhashnagar, Shukravar Peth

Description: A celebration of the club's Charter Day and first anniversary, featuring a Puneri Dhol Pathak. **Impact:** Celebrated a key milestone in the club's journey, enhancing pride and unity among members.

10. Radhe Radhe - Dandiya Night October 2024

Description: A vibrant Dandiya event featuring music, dance, and a special appearance by Aditya Roy Kapoor, bringing the club together in a festive spirit.

Impact: Promoted cultural appreciation and provided members with an evening of celebration.

11. Spookie Boogie - Halloween Party- October 2024

Description: A Halloween-themed party with spooky decorations, costumes, and themed activities, celebrating the Halloween spirit. **Impact:** Provided a fun, creative platform for members to socialize and celebrate Halloween.

12. Aloha - 2nd Installation Ceremony- October 2024

Description: The club's second installation ceremony, celebrated with a Hawaiian theme to welcome the new board and acknowledge their roles for the year. **Impact:** Strengthened club spirit and set an exciting tone for the new leadership.

These events demonstrate the Rotaract Club of Pune Metro's commitment to cultural exchange, social responsibility, and member development. Through diverse and engaging programs, the club continues to positively impact both its members and the broader community.

Future Plans of Rotaract Club –

Building on our successful events, the Rotaract Club of Pune Metro is excited to share our upcoming plans for the next term. These initiatives aim to deepen our commitment to community service, cultural engagement, and personal development.

1. Dance Workshop

Objective: To organize a dance workshop that allows members and community participants to explore various dance forms, improve fitness, and promote creative expression. **Details:** Led by professional instructors, this workshop will

cover multiple dance styles, catering to all skill levels. It will be an opportunity for participants to engage, learn, and embrace cultural diversity through dance. **Impact:** Enhance members' well-being, promote physical fitness, and provide a fun, engaging platform for artistic expression.

2. CMD Initiative: Matrutva 2.0 – Sanitary Pad Donation Drive

Objective: To support menstrual health and hygiene in underprivileged communities by donating sanitary pads and raising awareness. **Details:** This initiative will involve distributing sanitary pads to women and girls who lack access to these essential resources. Additionally, the club will host awareness sessions to educate recipients on menstrual health and hygiene practices.

Impact: Address menstrual health gaps in underserved communities, reduce stigma around menstruation, and contribute to women's health and empowerment.

3. Hosting the District Conference

Objective: To host the annual district conference, bringing together Rotaractors from across the district to celebrate achievements, share ideas, and foster stronger Rotaract bonds. **Details:** This event will feature keynote speakers, panel discussions, skill-building workshops, and networking sessions. As hosts, the Rotaract Club of Pune Metro will ensure a memorable experience that embodies the spirit of fellowship and growth.

Impact: Strengthen inter-club relationships, provide learning opportunities, and inspire members to engage actively in Rotaract.

4. CMD Initiative: Environmentally Conscious Community Outreach

Objective: To launch a community-driven initiative focusing on environmental awareness and sustainable practices, aiming to create a cleaner, greener community. **Details:** This project will include workshops on recycling, waste management, and sustainability practices. Additionally, we will organize a neighbourhood cleanup drive and distribute eco-friendly products to promote environmentally conscious choices. **Impact:** Educate the community on sustainable practices, reduce waste, and promote an eco-friendlier lifestyle among community members.

Through these initiatives, the Rotaract Club of Pune Metro remains committed to making a positive impact on society while providing valuable learning experiences and engagement opportunities for our members.

RCPM MEETINGS



An evening with ALF mentors - 3rd October 2024

Who says that Fun N' Learn is only for little children??

On the evening of 3rd October 2024, 2 senior ALF mentors PP Abhay Sontakke and PP Nana Patil gave us all at RCPM a similar fun experience with the innovative quiz contest "Jo Jeeta Wohi Sikandar"

This amazing activity not only made us all hone up our Rotary Knowledge, it also achieved a lot of camaraderie and bonding amongst RCPM members, attending Rotaractors as well as the guests present.

This activity made us all realise there is so much Rotary information out there available for dissemination... And the ALFs have truly compiled and soaked up it all.

A very nice informal meeting today... All present really enjoyed.
Thank you ALFs!!





A Garba Evening

Our club is so full of exuberance, enthusiasm and fun.... RCPM's Dandiya program fully showcased all of these on the 10th of this month... Such a lively, lovely and vibrant evening was thoroughly enjoyed by all present, with everyone at their festive best.

It felt so nice to see that each and every member of the RCPM family took the centre stage and demonstrated their dancing skills.

It was an evening to cherish for a long time to come!

3 Cheers to all of us at RCPM!!! ✨ 🎉 🎊 🎋



Kojagari Night 17-10

A very unique classy program was held in the evening of 17th October at Lajpatrai Hall of Vidarthi Sahayak Samiti, that showcased compositions and creations of renowned Marathi Poets... A program dedicated to "काव्य कला".

Wonderful renditions by our guest singer Amruta Pande (ably accompanied on Harmonium by Upendra Shitoot and on tabla by Sanjay Aradhya) and exceptional Kavya waachan by our RCPM family members that spanned various human emotions... Prem, Viraha, Bhaya, Nirasha, Bhakti ras. Amruta in her melodious voice mesmerized us with surreal renditions. To add to this, our in-house poets Shubhada Joglekar, Aarya Palsule, Madhavi Mehendaley, Vivek Kulkarni, Uday Subhedar were at their best presenting their own creations and some beautiful renditions of the stalwarts of Marathi Kavya. Amruta's Guru Anupama Joshi and husband Rohan Pande were special guests for this event.

To top it all, was fabulous endearing anchoring by Ann Madhavi Kulkarni who seamlessly weaved the whole program to give us all a truly heart-warming genial experience.



RCP Metro Diwali Extravaganza 26 October 2024

An evening to cherish for days to come!! All the good things we could ask for wrapped in one big gift package is what exactly explains the events of this evening....

Exceptional creativity showcased by our super talented RCPM Kalakaars in the 64 कला प्रदर्शन, was mesmerising to one and all.... And we were all so glad that our AG Atul inaugurated the exhibition and graced the evening with his presence with Ann Nandini.

The musical program Swar Sandhya was an absolute treat to our ears. The youngsters were at their best giving us such wonderful renditions of the old and the new from a variety of genres, thoughtfully chosen songs that appealed to the audience. The ultimate certificate to the budding youngsters came in the form of a prize of Rs. 10000 announced by Rtn Shilpa Chaudhary and Rs 1111 by PP Deepak to the performers, to appreciate and encourage them to achieve greater heights.

A very nice केळवण कौतुक सोहळा for parents and the bride's/grooms from both the "recently wed" and the "soon to wed" categories and the grand finale with the close to all our hearts traditional festive maharashtrian "पंगतीचे जेवण".

We had 90+ attendees and all those present were seen thoroughly enjoying the evening.

A big round of applause to Convener Snehalata, Admin Vaidehi, programs team Neelima, Madhavi Kulkarni, Dipashri Ingale, Shubhada Joglekar, Sujata Mhalgi and each one of you RCPM family members for making today's program a grand success!! We make a perfect TEAM: Together everyone achieves more!!

Our Diwali celebration evening was a befitting start to the upcoming festival of lights.

Here's wishing you all a very Happy Diwali and a successful, beautiful and prosperous year ahead!! May all your dreams fructify all through the year... ✨ ✨ ✨ ✨



The RCPCM Exhibition on ६४ कला



Young Stars स्वर संध्या



पंगतीचे जेवण

Feedback from our AG Atul Atre

President Amita,

Yesterday's program was just fantastic ! The exhibition was too good. The talents of your club members and next generation is amazing. The music program that followed was simply beautiful. The young students of the orchestra have got immense potential. The dinner afterwards was icing on the cake. It was awesome. The whole program was well executed & time bound. All the club members were warm & affectionate.

Yesterday's complete Deepavali program is a feather in your cap .
Thanks for inviting us for a memorable & grand evening

AG Rtn Atul & Ann Nandini Atre





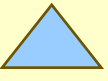
RCPM in RID 3131 Events in July

Rtn PP Sneha Subhedar, AG for RY 24-25 was adjudged the Best Ranked AG in the 1st Quarter Review of RID 3131, held on 6th October at Hotel Clark's Inn Pune.



The RID 3131 Service Projects and PI Seminar --- was held on Sunday 20th October 2024 at Zilla Parishad Auditorium. Rtn AG Sneha Subhedar and Rtn PP Deepak Bodhani attended this event.





RCPM presented a unique and fabulous Ekankika on 14th October in the Rotary Swati Kshirsagar Ekankika Karandak.



The Awards Ceremony was held on 20th October, 2024 at Bharat Natya Mandir. या एकांकिकेला एकूण सहा बक्षिसे मिळाली.

1. जास्तीत जास्त वर्ष भाग घेतलेला क्लब RCPM
2. सर्वोत्कृष्ट लेखक....प्रथम क्रमांक विश्वास सहस्रबुद्धे
3. सर्वोत्कृष्ट दिग्दर्शक.... द्वितीय क्रमांकविश्वास सहस्रबुद्धे
4. उत्कृष्ट नेपथ्यद्वितीय क्रमांक.... राहुल जोशी
5. उत्कृष्ट अभिनय.. पुरुषप्रथम क्रमांक भालचंद्र जोशी
6. विशेष प्रायोगिक एकांकिका...प्रथम क्रमांक.... ऑटोपुरम



या महत्वाच्या प्रसंगी व्यक्त झाली आहे डायरेक्टर अॅडमिन रो. वैदेही जोग

विश्वास, तुझ्या नकटीचं लग्न लागलं आणि नुसतंच लागलं नाही तर धूमधडाक्यात आणि थाटामाटात. सुरुवातीपासूनच वेगळं- विलक्षण असं विश्वास सारखंच असणार आहे नाटक, हे कलाकारांना झेपायला एक आठवडा, दोन आठवडे जावे लागले. वाचनातून सुद्धा ते समोर येत होतं तरी हे होऊ शकेल का, हे कसं वाटेल, हे उभे राहिल तर उभं राहू शकेल का किंवा हे बसेल का? या सगळ्या प्रश्नांमध्ये आम्ही सगळे अडकलो होतो. म्हणजे मी, पद्मा, आशिष, भालचंद्र, अनघा, अनिल जोशी, शुभदा. यात शुभदा आणि अनिल यांना पूर्ण विश्वास होता आणि पद्मावर पण त्यांचा पूर्ण विश्वास होता. आम्ही बाकीचे नवीन असल्यामुळे आम्ही फक्त डोळे मिटून फॉलो करत गेलो.

नाटकाची प्रोसेस काय असते? नाटक बसतं तर त्यासाठी काय करावं लागतं किंवा मुळात नाटक करायचं म्हणजे काय? याच्याच दोन कार्यशाळा विश्वासाने घेतल्या. त्या कार्यशाळांमध्ये मुग्धा, राहुल हे सुद्धा उत्साहाने सामील झाले. तर असे आम्ही एकत्रितपणे भेटायला लागलो. प्रत्येकाच्या घरी आळीपाळीने जमायला लागलो. चहा, कॉफी खाणं, पिणं यातून नाटकाचे सांगाडा बनायला लागला. मग त्यात वाद झाले, प्रतिवाद झाले पण प्रत्येक वादाला, प्रत्येक शंकेला विश्वासचं कन्वेक्शन त्याचं त्याला पटलेलं होतं आणि कुणालाही नाउमेद न करता तो दुसऱ्यादिवशी बदल करून संहिता आणत असे. आणि त्याच्या तार्किक बुद्धीला, पूर्णपणे त्याच्या विवेकवादी मुशीतून उतरलेलं असं ते नाटक असल्यामुळे त्याला ते कसं उभं राहिल याचं सुद्धा विहजन होतं. जे बॉक्स च्या तालमीत थोडं थोडं येत होतं पण पूर्णपणे ते आम्हाला सगळ्यांना प्रयोगाच्या दिवशीच कळलं.

नेपथ्य, संगीत, वेशभूषा, रंगभूषा, पात्रांचा वावर, पात्रांची निवड इतकंच नव्हे तर बॅकस्टेज ग्रुपमधल्या सुद्धा समूहातल्या आमच्या पात्रांची निवड आणि पात्रांची करायची हालचाल, प्रत्येकाची बोलायची पद्धत, देहबोली या सगळ्या गोष्टी आणि अजून बरंच काही. हे फक्त एकटा विश्वास आणि विश्वासच पेलू जाणे. कन्व्हेनर पद्मा असल्यामुळे बारकाईने, बरोबर नेमकेपणाने गोष्टी घडत होत्या. वयाने सगळ्यात मोठा असून सुद्धा उत्साहाला आणि कामाच्या बाबतीत विश्वासला तोड नाही. खूप काही शिकायला मिळाले या प्रोसेस मध्ये आणि क्लब ची ऍक्टिव्हिटी अशी चालू ठेवायला हवी याचा उत्साह मिळाला. क्लब अडमिन म्हणून काय करावं लागतं ह्यापेक्षा काय मिळतं ह्याकडे पारड झुकत आहे, आणि ते जड होत चाललं आहे.



RCPM NEWS



On October 13th, Ann Sangeeta Sontakke lost her mother. RCPM family is deeply saddened by this loss. We pay our heartfelt condolences.



On 15th October, Rtn PP Madhavi Mehendaley did an audio-visual presentation on Paul Gauguin's letters and drawings at National Library Bandra.

On 20th October, Rtn PP Madhavi Mehendaley took a session titles Story of Michelangelo at The Poona Western Club.



Nostalgic Memory of Kojagari Night in 1965 – Rtn PP Avinash Joshi

Four of the crazy boys decided to go to Aajwa Garden in the moonlit night on cycles with carrom board, playing cards and snacks. At Nimetha garden, we were informed that both Gardens are closed for the night. Frustrated as we were, on way back, we decided to try for Lalbaug garden.

It was almost 11 pm when we reached there thoroughly tired but found the Garden open and settled there. We played Carrom and Bridge in the Moonlight till 2 pm, occasionally visited by the watchman to ensure that our card playing was not Gambling game.

Those were the Crazy days.

Now, it is only Nostalgic memories to keep us energized.

Aajwa Garden is at a distance of about 20 kms from Vadodara city where there is Water supply Dam like Khadakvasala near Pune. Name of my Baroda college classmates whatsapp group is called CRAZY BOYS OF KALABHAVAN.



दिवाळीच्या रम्य आठवणी - रौ. शूभदा जोगळेकर

दिवाळी आली की मन मागे मागे पळतं..... आणि अगदी बालपणात पोहोचतं.

आठवतात ते 'भातुकलीचे' दिवस. आईच्या शाळेला सुट्टी लागली की तिची कामाची झुंबड उडायची. घर आवर, अंगण सारवून घे, भिंतीना बाहेरून आणि तुळशी वृंदावनाला कावेनी रंगव, अंगण सारवून घे. लक्ष्मीची बोटं बोल बोल म्हणता अंगणभर पिसा-याची नक्षी चितारायची . मग ती च हाक मारून सांगायची , "सुबा , रांगुळी काढ " . तोवर सगळे पितळी डबे मागच्या अंगणातल्या भांडी घासायला गेलेले असायचे. चिंच-शिकेकाई भिजत पडायची. घरातली कपाटं, फ़ळ्या आवरून, झाडून-पुसून लखखं व्हायची. मग फ़रशी घासायचा सोस असायचा. घर एकदा घासून पुसून स्वच्छ झालं की मग मोर्चा वळायचा अंगणाकडे. सकाळी घासायला ठेवलेली भांडी लक्ष्मीनी स्वच्छ घासून उन्हाची तिरीप धरून अगदी हारीनी मांडलेली असायची. चिंच, शिकेकाई वरून फ़िरवलेला राखेचा हात..... अगदी सोन्यासारखी चमकत असायची सगळी भांडी.

मग ती एकदा आत नेली की आई ती फ़ळीवर छान मांडून ठेवायची..... हो भांड्यांना तसाच हात लावायची टाप नसायची..... हात स्वच्छ धुवून कोरडे करूनच भांडी गोळा करायची नाहीतर बोटं उमटतील ना त्यावर..... आणि त्याचं भांड्यांमध्ये असायचे माझे 'भातुकलीतले पितळी डबे'. माझे.. मी घासलेले..... चमचमणारे.

मग सुरु व्हायचं एक एक काम . भाजणीचा खमंग वास घरभर कोंदून रहायचा . खोब-याचं पातळ काप चंद्रकोरी सारखे शोभून दिसायचे. आईचं फ़राळाचे पदार्थ बनवायचं काम प्रत्यक्ष सुरु झालं की माझीही लुडबुड सुरु व्हायची. भाजलेल्या बेसनाचा दरवळ घरात कोंडला की माझी स्वैपाकघरात लुडबूड सुरु व्हायची. मग आईनी लाडू वळायला घेतले की एका छोट्याश्या कुंड्यात माझ्यासाठी त्यातलं थोडं पीठ द्यायची. मग अगदी छोटे छोटे बोरा एवढे लाडू वळून ते माझ्या डब्यात भरायचे. छोटे छोटे ५ -६ पितळी पेढे घाटी डबे होते माझ्या खेळात. मग अश्याच चकल्या करायच्या. एक उंडा घ्यायचा आणि त्यातून वळकटी वळून चक्र बनवायची नाहीतर कडबोळी मग ते जिन्नस पण एका डब्यात भरायचे. नंतर ह्या खेळाचा कंटाळा यायला लागला आणि मग विस्तारलेल्या अनुभवातून नवा खेळ.....

आताशा आणलेले फ़टाके / फ़ुलबाज्या उडवण्यात फ़ारसं स्वारस्य नसायचं. मग ते एका खिडकीत अगदी व्यवस्थित मांडून मी त्याचं दुकान लावायचे. आमच्या घराला अगदी भल्या मोठ्या फ़्रेंच पद्धतीच्या खिडक्या होत्या. त्यांची लांबी-रूंदी-खोली ३-३ फ़ूट होती. त्यात सगळं कसं मस्त मावायचं. आणि नोटा म्हणून असायची लॉटरीची तिकीटे. कालांतरानी ह्याचं पण आकर्षण कमी झालं पण एक फ़ायदा कायमचा झाला..... दुकानदारीच्या नादात फ़टाक्यांचं वेडं पुरतं नाहिसं झालं. आता तर आठवतही नाही कधी पासून फ़टाके उडवणं सोडलं ते. मग वेड लागलं रांगोळ्यांचं ... ते मात्र अजूनही कायम आहे .

वयाच्या प्रत्येक टप्प्यावर एक नवं वळण घेत घेत आपली गाडी आपली पुढे जातच असते. ही आनंदयात्रा अशीच चालू रहो हीच त्या परमेश्वरा पाशी प्रार्थना.



रोटरी एकांकिका स्पर्धा - २००९-१० ची आठवण

रोटरी डिस्ट्रिक्टच्या एकांकिका स्पर्धा जवळ येऊ लागल्या की नेहमीच आठवण येते ती आपल्या २००९-१०मध्ये सादर केलेल्या, अनेक बक्षिसे पटकावलेल्या एकांकिकेची - 'ताई आणि छकुली' ची. आमच्या कितीतरी सुंदर आठवणी त्या नाटकाशी निगडित आहेत. या ताई व छकुली आहेत तरी कोण? त्या आहेत दोन unborn जुळ्या मुली.

हे नाटक लिहिले होते आपल्या क्लबचे नाट्यगुरु श्री बिपिन कामुलकर, म्हणजे आपले बिपिनदा यांनी. नाटक हे त्यांच्या नसानसामध्ये भरलेले आहे. या नाटकाचे लेखन दिग्दर्शन त्यांचेच होते आणि नाटक लिहिताना ते संपूर्णपणे त्यांच्या नजरेसमोर दृश्यमान होत होते.

नाटकाची सुरुवात होते ती एका जोडप्याच्या संभाषणाने. या जोडप्या मधील 'ती' गरोदर आहे. त्यांना सहा वर्षांची एक मुलगी आहे. वंशाला दिवा हवा म्हणून त्याच्या आईला नातूच हवा आहे. सोनोग्राफीमध्ये कळते की त्यांना जुळे आहे आणि दोघीही मुलीच आहेत. त्यामुळे आईच्या मनाविरुद्ध व बाबांच्या हट्टा पायी त्यांचा गर्भपात करायचा असे त्यांचे ठरते.

रंगमंचाचे तीन भाग आहेत. उजवीकडे या जोडप्याचे शयनगृह. डावीकडे डॉक्टरांचे सोनोग्राफी क्लिनिक. या डॉक्टरांचा व्यवसाय म्हणजे, अवैधरित्या सोनोग्राफी करून स्त्री भ्रूण असेल तर गर्भपात करून अमाप पैसा मिळवायचा. मध्यभागी आहे गर्भाशय, जिथे या दोघीजणी आहेत - ताई व छकुली.

या गर्भातल्या गोड मुलींना बाहेरील सर्व ऐकू येते. पण त्यांचा आवाज बाकी कोणापर्यंत जात नाही. प्रथम आनंदात असणाऱ्या मुलींना जेव्हा कळते की आपण बाबांना नकोशा आहोत, तेव्हा त्यांच्या मनाची खूप तडफड होते. त्या दोघी आईच्या पोटातून सर्वांना विनवण्या करत राहतात की 'आम्हाला मारू नका', जे कुणालाच ऐकू येत नाही. जेव्हा आई ऍडमिट होते, तेव्हा त्या रंगमंचावरील गर्भाशयाच्या चौकटीतून बाहेर पडतात, लेखकाला जाब विचारतात, व 'आम्हाला नाही मरायचे, नाटकाचा शेवट बदला' असे सांगतात. लेखक म्हणतो की हे आता माझ्या हातात नाही. हे नाटक मायबाप प्रेक्षकांसाठी लिहिले आहे. त्यांनी सांगितले तरच हे शक्य आहे. मग दोघी मुली डायरेक्ट प्रेक्षकांना साद घालतात की 'तुम्ही सांगितले की पडदा पाडा तर आमचा जीव वाचेल' आणि खरोखरच प्रेक्षकांमधून प्रथम सात-आठ व नंतर बरेच आवाज येतात 'पडदा पाडा' आणि नाटकाचा पडदा पडतो !!

संपूर्ण नाटक प्रेक्षकांना सुन्न व अंतर्मुख करते.

हे सर्व रंगमंचावर सादर करणे हा सुद्धा एक चॅलेंज होता. विशेषतः रंगमंचावर गर्भाशय व त्यातल्या दोन मुली दाखवणे हे फारच अवघड काम अप्रतिम रित्या केले आहे. स्टेजच्या मध्यभागी लेव्हल वरती गाद्या व लाल चादरी घालून, छताच्या मध्यापासून खालपर्यंत

गुलाबी दोऱ्या सोडल्या होत्या. त्यात आपल्या ताई व छकुली गुलाबी टी-शर्ट आणि स्लॅक्स मध्ये खूपच गोजिरवाण्या दाखवल्या होत्या. त्यांचे एकमेकींशी बोलणे, हसणे, खेळणे फारच मोहकपणे दाखवले होते. अर्थातच आपल्या बिपिनदांच्या क्रिएटिव्हिटी ला तोडच नाही.

या नाटकाने त्यावर्षी अनेक पारितोषिके पटकावली.

सर्वोत्कृष्ट एकांकिका प्रथम क्रमांक - रोटरी मेट्रो - एकांकिका ताई व छकुली.

सर्वोत्कृष्ट लेखन प्रथम क्रमांक बिपिन कामुलकर

सर्वोत्कृष्ट दिग्दर्शन प्रथम क्रमांक बिपिन कामुलकर

सर्वोत्कृष्ट नेपथ्य प्रथम क्रमांक

सर्वोत्कृष्ट स्त्री व्यक्तिरेखा - ताई शुभदा चिकोडी व छकुली श्रुती उत्तुरकर.

या दोघींना स्वतंत्रपणे प्रथम-प्रथम पारितोषिक मिळाले. परीक्षकांनी सांगितले की हे 'प्रथम पारितोषिक विभागून' नाही, तर स्वतंत्रपणे दोघीही प्रथम क्रमांकावर आहेत.

हे नाटक बसवताना, नियमित प्रॅक्टिस करताना, बिपिनदांचा ओरडा खाताना आम्ही सर्वांनी खूपच एन्जॉय केले. प्रत्येकाने जीवतोड परिश्रम करून एकांकिकेवर यशाची मोहर उमटवली.

नाटकाची श्रेय नामावली अशी

पती-पत्नी मिलिंद उपासनी व अपर्णा महाजन

आईआजी (अपर्णाची आई) अश्विनी जोशी डॉक्टर्स - सीमा देशपांडे, अविनाश सातपुते, नरेंद्र द्रविड

नर्स मोनिका जोशी

चांगला डॉक्टर व या नाटकातील अंतर्गत लेखक दिग्दर्शक राजा उत्तुरकर

रिसेप्शनिस्ट व दूधवाला राहुल जोशी

आणि ताई व छकुली - शुभदा व श्रुती.





Banana Facts



Bananas. Containing three natural sugars - sucrose, fructose and glucose combined with fibre, a banana gives an instant, sustained and substantial boost of energy. Research has proven that just two bananas provide enough energy for a strenuous 90-minute workout. No wonder the banana is the number one fruit with the world's leading athletes.

But energy isn't the only way a banana can help us keep fit. It can also help overcome or prevent a substantial number of illnesses and conditions, making it a must to add to our daily diet.

One banana contains 467mg of potassium, providing powerful protection to the cardiovascular system. Regular consumption helps guard against high blood pressure, atherosclerosis and stroke. Since bananas also contain tryptophan, serotonin and norepinephrine, they help prevent depression while encouraging feelings of well-being and relaxation. In addition, the vitamin B6 in bananas helps protect against sleeplessness, mood swings and irritability. It also suppresses acid in the digestive tract, alleviating heartburn and helping guard against ulcers. Since bananas contain pectin, a soluble fibre, they aid in the elimination process, helping prevent constipation.

Depression: According to a recent survey undertaken by MIND amongst people suffering from depression, many felt much better after eating a banana. This is because bananas contain tryptophan, a type of protein that the body converts into serotonin, known to make you relax, improve your mood and generally make you feel happier. It also has amino acids.

Anaemia: High in iron, bananas can stimulate the production of haemoglobin in the blood and so helps in cases of anaemia.

Blood Pressure: This unique tropical fruit is extremely high in potassium yet low in salt, making it the perfect to beat blood pressure. So much so, the US Food and Drug Administration has just allowed the banana industry to make official claims for the fruit's ability to reduce the risk of high blood pressure and stroke.

Brain Power: 200 students at a Middlesex school were helped through their exams this year by eating bananas at breakfast, break, and lunch in a bid to boost their brainpower. Research has shown that the potassium-packed fruit can assist learning by making pupils more alert.

Constipation: High in fibre, including bananas in the diet can help restore normal bowel action, helping to overcome the problem without resorting to laxatives.

Hangovers: One of the quickest ways of curing a hangover is to make a banana milkshake, sweetened with honey. The banana calms the stomach and, with the help of the honey, builds up depleted blood sugar levels, while the milk soothes and re-hydrates your system.

Heartburn: Bananas have a natural antacid effect in the body; so, if you suffer from heartburn, try eating a banana for soothing relief.

Morning Sickness: Snacking on bananas between meals helps to keep blood sugar levels up and avoid morning sickness.

Mosquito bites: Before reaching for the insect bite cream, try rubbing the affected area with the inside of a banana skin. Many people find it amazingly successful at reducing swelling and irritation.

Nerves: Bananas are high in B vitamins that help calm the nervous system.

Overweight and at work? Studies at the Institute of Psychology in Austria found pressure at work leads to gorging on comfort food like chocolate and crisps. Looking at 5,000 hospital patients, researchers found the most obese were more likely to be in high-pressure jobs. The report concluded that, to avoid panic-induced food cravings, we need to control our blood sugar levels by snacking on high carbohydrate foods every two hours to keep levels steady.

Ulcers: The banana is used as the dietary food against intestinal disorders because of its soft texture and smoothness. It is the only raw fruit that can be eaten without distress in over-chronicler cases. It also neutralizes over-acidity and reduces irritation by coating the lining of the stomach.

Temperature control: Many other cultures see bananas as a "cooling" fruit that can lower both the physical and emotional temperature of expectant mothers. In Thailand, for example, pregnant women eat bananas to ensure their baby is born with a cool temperature.

Smoking: Bananas can also help people trying to give up smoking. The B6, B12 they contain, as well as the potassium and magnesium found in them, help the body recover from the effects of nicotine withdrawal.

Stress: Potassium is a vital mineral, which helps normalize the heartbeat, sends oxygen to the brain and regulates your body's water balance. When we are stressed, our metabolic rate rises, thereby reducing our potassium levels. These can be rebalanced with the help of a high-potassium banana snack.

Strokes: According to research in "The New England Journal of Medicine," eating bananas as part of a regular diet can cut the risk of death by strokes by as much as 40%!

Warts: Those keen on natural alternatives swear that if you want to kill off a wart take a piece of banana skin and place it on the wart, with the yellow side out. Carefully hold the skin in place with a plaster or surgical tape!

So, a banana really is a natural remedy for many ills. When you compare it to an apple, it has four times the protein, twice the carbohydrate, three times the phosphorus, five times the vitamin A and iron, and twice the other vitamins and minerals. It is also rich in potassium and is one of the best value foods around.

So maybe it's time to change that well known phrase so that we say, "A banana a day keeps the doctor away".

Teeth : Take a piece of inside of banana peel and gently rub around on your teeth for 2 minutes. The amazing minerals in the peel, like potassium, manganese and magnesium absorb into your teeth and whiten them.

PS: Bananas must be the reason monkeys are so happy all the time! I will add one here; want a quick shine on our shoes?? Take the INSIDE of the banana skin, and rub directly on the shoe...polish with dry cloth. Amazing fruit !!!

BANANAS WITH DARK PATCHES ON YELLOW SKIN

The fully ripe banana produces a substance called TNF (Tumour Necrosis Factor) which has the ability to combat abnormal cells.

So don't be surprised very soon the shop will go out of stock for bananas.

As the banana ripens, it develops dark spots or patches on the skin. The darker patches it has, the higher will be its' immunity enhancement quality.

Hence the Japanese love bananas for a good reason.

According to a Japanese scientific research, banana contains TNF which has anti-cancer properties. The degree of anti-cancer effect corresponds to the degree of ripeness of the fruit, i.e. the riper the banana, the better the anti-cancer quality.

In an animal experiment carried out by a professor in Tokyo University comparing the various health benefits of different fruits, using banana, grape, apple, water melon, pineapple, pear and persimmon, it was found that banana gave the best results. It increased the number of white blood cells, enhanced the immunity of the body and produced anti-cancer substance TNF.

The recommendation is to eat 1 to 2 banana a day to increase your body immunity to diseases like cold, flu and others.

According to the Japanese professor, yellow skin bananas with dark spots on it are 8 times more effective in enhancing the property of white blood cells than the green skin version.

BIRTHDAYS & ANNIVERSARIES : NOVEMBER 2024

2	B	Rtn Varsha Dawle
5	B	Ann Shubhada Chikodi
5	A	Rtn Sunil and Anagha Gokhale
8	B	Ann Asmita Wadekar
11	B	Rtn Prerana Joshi
14	B	Ann Jyoti Bokil
14	B	Ann Pournima Halbe
14	B	Ann Aparna Mahajan
15	B	Ann Radhika Keskar
15	A	Rtn PP Avinash and Ashwini Joshi
20	A	Rtn Anand and Amruta Devchakke
21	B	Rtn Rajesh Ingale
22	A	Rtn Datta and Kavita Deshpande
30	B	Rtn Datta Deshpande

Social Media Presence of RCPM

	Website	https://rotarypunemetro.com/
	Twitter	https://twitter.com/RotaryPuneMetro
	Instagram	https://instagram.com/rcpunemetro?igshid=Y2IzZGU1MTFhOQ==
	YouTube	https://www.youtube.com/@rotaryclubofpunemetro5768
	Facebook	https://www.facebook.com/RotaryClubofPuneMetro?mibextid=ZbWKwL

Festive Jokes

