



POONA SERVICE WHEEL



RI District 3131

ROTARY CLUB OF POONA

Club 04-3131-15536

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Monday, 10th May 2021

For Private Circulation Only

Secretary

President

Editor

Rtn Col Moses J Sibloon

Rtn Dipak Thacker

Rtn PP Sanjay Kher

TODAY : Monday, 10th May 2021 : SPEAKER : Former Rotaractor Keerti B. Rao



Former President of the Rotaract Club of Poona Royal, Miss Keerti Bhogaraju Rao will speak to the club from the University of Southern California, U.S where she is pursuing MS in Applied Data Science. Her mother Madhuri Rao who took keen interest in her Rotaract activities is now a member of Rotary Club of Poona. Her husband Mr Brahmaji Rao was formerly a member in the club.

Keerti completed her schooling from the Rosary High School and was ranked 1st in her 10th grade. She was outstanding in extra curricular activities like music and dance. After schooling, she pursued Bachelor of Technology in Computer Science from Vishvakarma Institute of Technology. In 2017, she started working as a Data science intern at a start up in Pune. She also joined the Rotaract Club of Poona Royal as Charter Vice President. She served as President in 2018. She brought the Club into the limelight with her leadership.

She soon left for US to do higher studies. She will kickstart her career as a software Development Engineer at Amazon, Seattle from July 2021. Mr Brahmaji Rao and Rtn. Leela Maduri Rao are very proud of Keerti and her brother Bhargav who is presently pursuing 3rd year MBBS.

The Club will witness “Youth Power” today and appreciate the worth of YOUTH SERVICE in Rotary.

LAST WEEK : Mon, 3rd May 2021 : LIVING MINDFULLY : Col. Bharat Haladi (Retd), President Elect –2021-22

This was the first Zoom meeting chaired by Rtn. Dipak Thacker since his unanimous election by the board of Directors after the sad but sudden demise of Rtn Deepak Londhe. After paying a short homage to Deepak’s memory, he requested the members to keep a minute’s silence in memory of our former member Rtn. Bahri Malhotra. He then turned to the usual business of greeting members on birthdays and wedding anniversaries. Rtn. PP Bhai Pandit generously donated Rs 500 to the sun shine box and Rs 1000 to the Rotary Foundation. President requested Treasurer Rtn. Rohit Mittra to make his announcement. As polite as ever, Rohit appealed to the THREE members who have not paid their yearly subscription and appealed to the other 17 who have not paid their second half yearly dues. President Dipak had to make the Secretary’s Announcements as Secretary Col. Moses was on other urgent business. After a short introduction, P.E. Bharat was invited to speak on “Living Mindfully”. It would be difficult for me to summarise the talk completely and well for which I may be excused. The essence of Mindful living is in living completely in the present moment. It (mindfulness) is a mental state which is achieved by focusing “awareness” in the present, without making any opinions. Awareness is a mental state that arises through “attention in the present”. NOW is the only moment one has. This is a way of being not a way of doing. It is not a religion but a technique to live a more existential life. Religion binds a person and living mindfully frees a person. One should be mindful in every state– walking, eating, paying attention to incoming and outgoing breath, and be grateful each moment for being alive and enjoying it.

[contd ... page.. 3]

Letter send by Rtn Suresh Bharwaney , Hon. Secretary of RC Edgware and Stanmore, U.K

Dear Bharat and /or Col. Moses,

I would like to thank you for inviting me to such a wonderful condolence meeting yesterday to remember **Rtn. Deepak Londhe**. It was very moving and everyone who spoke had something nice to say about him. I know he was a terrific person as he sometimes attend our meetings. I was also very impressed by his daughter saying a few words towards the end and I know that everyone who attended yesterday (over 100) would have a few decent words to say about Deepak.

I and our family have a long history of Poona. My Grand-Mother used to live in Wilson Garden just opposite Pune Railway station and she moved to Vivikannand Park (Opp. Nehru Memorial Hall) and she sadly passed away in 1985. I used to visit Poona every Christmas to see her and spend time with her. My Uncle Lachu Bharwaney was a member of your club for a number of years and he sadly passed away in 2015. My Aunty is still in Poona and due to the second pandemic that has hit the State of Maharashtra she is unable to go out of her house. She lives opp the Poona Club in Konak Estate. Whenever, I come to India I would always come to Pune to visit my family and stay for a few days

Regards,

Suresh Bharwaney

Hon. Secretary

ENVIRONMENTAL AWARENESS : A GREEN NOVEL IDEA ON THE BANKS OF RIVER YAMUNA

The event — *-Ragas for Yamuna* — was organised by RC Delhi Manthan, RID 3011, along with an NGO -Bhatium, “to create awareness and impress upon the **who’s who of Delhi** the urgency to clean and rejuvenate the Yamuna flowing through the city”, says club -president Narinder Kumar Lamba.

The jugalbandi was the first of a series of events planned by the club for the campaign. “We have got together a legal team to file a case with the National Green Tribunal to pass an order to discharge only treated effluents into the Yamuna, and another team to reclaim the land on the river bank and clean it,” says Lamba



Just Imagine.....

A February morning air on the banks of River Yamuna near the ITO Bridge in Delhi was filled with -mellifluous music. Over 250 people enjoyed a jugalbandi -presented by **Siddharth Banerjee** on the Siddha Veena and **Ustad Fateh Ali Khan**, grandson of Ustad Bismillah Khan, on the Shehnai.

HAPPY SCHOOLS : RIPE Shekhar Mehta hands over 16 Happy Schools in Gorakhpur

RIPE Shekhar Mehta handed over a refurbished P S Primary School in Sonbarsa, to the state -education department on March 18 at -Gorakhpur. RC Gorakhpur, RID 3120, has upgraded this and 15 other schools in the town through two global grants and CSR funding from Toyo Engineering India. With the club celebrating its platinum jubilee year, club president Arvind Vikram Chaudhary explained about the various milestone projects implemented by the club over the decades .



In his briefing, project coordinator M P Kandoi said around 5,500 children would benefit from the Happy Schools projects. So far, 26 Happy Schools have been completed under global grants. DG Karunesh Kumar Srivastava, DGE Samar Raj Garg and PDG Anoop Agrawal were present at the event.

RIPE Shekhar noted that with e-learning classes, the visual experience will benefit students and added that after the eradication of polio, achieving 100 per cent literacy in India is the next big task for Rotarians. He inaugurated a mega health camp held in partnership with the Max Hospital, Delhi

This Club has been making serious efforts to increase club membership in spite of the covid pandemic.

Dear Rotary Leader K Viswanathan,

Hope you and your family members are keeping well and staying safe at home.

We remain grateful for all your efforts throughout the pandemic towards raising funds for The Rotary Foundation. Currently, as you know, Delhi NCR is under complete lockdown till 3rd May and as a result, RI South Asia Office is closed for business and all the staff members are operating from home. Any physical cheque/Demand Draft, if received at our office location can only be processed once the lockdown is lifted and it is safe for us to visit the office to process them.

Hence, we strongly urge you to encourage your members to **make online contribution by using their Credit/Debit Card or using the Net Banking option available online**. To help understand the process we have created a [step-by-step guidelines which you can download using the links below](#), and further share with Rotarians and donors affiliated to your clubs and districts to help them make a successful online contribution.

Regards,

TRF Team

RI South Asia Office

Please go to page ... 4 for 3 step guideline TO DONATE

Last Week : Living Mindfully : Col. Bharat Haladi [continued from page 1]

1. Focus is important. Our brain is not cut out for "multi tasking". So focus on ONE THING at a time to get excellent results
 2. Take the trouble of noticing each and every thing happening NOW and be grateful for our Existence.
 3. Our body is in the present always -bring the mind too
 4. Pay attention- Develop the right attitude. Intention is most important and gives character to any action. [in criminal law we call it "mens rea" - a killing is not always murder. If it was not intended, it does not amount to murder. Also killing (on the battlefield) your enemy comes from the higher intention to protect the nation]
 5. Intention gives rise to attitude. If your intention is ethical and laudable, your attitude will be right. If you live in the present moment, you will be "attentive". This attention leads to "wakefulness" which leads one to develop the right attitude.
- At the end, there were several questions. Mahrouf commented that he really enjoyed listening Col. Viswa had questions about controlling the Ego. Niamat said she travelled by second class to Mumbai to remain down-to-earth. Zarir wanted to know if "sense of duty" would develop the right attitude in oneself. Ann Suraj commented that the talk and the "Visuals" were excellent. PDG Sam said one must not blurt out something in a hurry to regret at leisure (later on). Pushpa said she enjoyed the talk. Club's official Zen Master Dr Aashiesh had the last word. He said about 70,000 thoughts crossed an individual's mind every day, out of which 70% are negative and destructive. Mindfulness will make you aware of this negativity. New member Madhuri Rao gave a hearty vote of thanks. Well Done, President Elect Bharat.

The Royal Musical Tambola organised by the Rotaract Club of Poona Royal as a fund raising event will now be held on Zoom Platform on The 17th May 2021. The funds will be donated to "Saheli" in kind. The registration is Rs200. For Bank transfer Rtr. Harshita Waila Account No. 033050252523 IFSC Code .. COSB0000033.. For UPI transfer Rtr. Harshita Waila .. +91 7057783374 UPI ID : waila.harshita99@oksbi

Tickets will be sent to Rotarians / Donors

CERTIFICATES TO E-RYLA PARTICIPANTS : Director Rtn. Niamat Virji

Certificates for participation were given for participation in the TWD day e-RYLA held on 1st and 2nd May 2021 for the session "DIMENSIONS OF HEALTH"

The certificates were signed by RID Chair Rtn Vishnu Mhatre- District Chairman RYLA

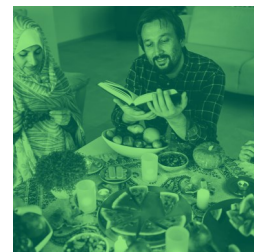
Director Youth-Rtn Niamat Virji has been doing an outstanding job of promoting the Avenue- YOUTH SERVICE

Ramadan is a month of fasting in the Muslim lunar calendar and is the first month. Ramadan 2021 started on 14th April 2021 when the moon was sighted. This is a month of prayer and introspection. The fasting is called "Roza". This is a holy month as Prophet Mohamed received the "Holy Koran" from Allah in this month.

Sehri is the imbibing of food in the morning before sunrise. During the whole day until sunset, the "rozedar" is not permitted to take food or water. He/She may eat after sunset. This receiving of food is called "Iftaar". Sehri and Iftaar—time table is published so that the devout may not break the vows of "Roza". The Namaaz is to be done five times in the day. The first in the morning is called "Namaz e fazar" followed by "Namaz e juhr", "Namaz e Asra", "Namaz e Maghrib" the evening namaz and finally "Namaz e Isha" in the night before retiring to bed.

It is believed that in the month of Ramadan, every devout Muslim should reduce his wants and try to fulfil the wants of needy persons, try to introspect and remove the faults within oneself, try to help the poor and the distressed and spend more time in prayers and meditation.

The month of Ramadan will end on 13th May 2021 and on sighting the first moon, Muslims will celebrate Eid.



We wish our Muslim Members and Anns a month of contemplation And Eid Mubarak in advance !

1. Faizy and Tasneem Dalal
2. Mansur and Zubin Dalal
3. Dr Aquil and Parveen Khan
4. Khozem and Niloufer Poonawala
5. Sohail and Zayanaah Zaki

Continued from page 3 [letter to Col. Viswanathan from the TRF team]

(I) Have got a My Rotary account, [Donate Online through your login](#)

(II) Do not have a My Rotary account yet, [Donate Online going as a Guest](#)

(III) [Donate Online on behalf of your Club Members](#)

(only applicable for Club Leaders)

From : Director– Club Rotary Foundation Committee : Avenue : International Service

Standing Committee Chair

Greetings and Good Wishes ON BIRTHDAYS AND WEDDING ANNIVERSARIES

From 10th May to 16th May 2021 :

10th May 2021 : Ann Chandralekha and PDG Vivek Aranha

10th May : Ann Turan and Dr Kapil Desai

13th May : Ann Dr Mrudula and Dr Suresh Deshpande

16th May : Ann Hufreez and Maj. Gen. Rohinton Sali

Jambusarwalla

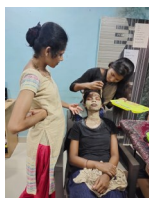
BIRTHDAYS : None

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Congratulations to Rtn Sahab Saran

Vocational Training in Beauty Courses

Combining Beauty with Brains !



Rtn. PP Bahri Malhotra passes away :

Rtn B.R. Malhotra, a former member of the Rotary Club of Poona and a charter member of the Rotary Club of Pune Central passed away on 3rd May 2021.

Our heartfelt condolences to the Malhotra family. May his soul find eternal peace.

Late B.R. Malhotra was a founder member of PUNJABI CULTURAL ASSOCIATION, PUNE and its trustee for life.

Rtn Bahri Malhotra also celebrated many of his happy moments by visiting our club and sharing sweets with members.



Attendance : Last Week
3rd May 2021 :

Rotarians :	31
R'Anns :	16
Spouses :	1
Visiting Rotarians :	1
Total :	49