

OBITUARY



Ex- Rtn Cmde Rajan Vir, Indian Navy (Retd)

Rtn. Cmde Rajan Vir, the Founder and President Emeritus, Indian Maritime Foundation sadly left for his heavenly abode on the morning of 20th July 2024. He was a member of Rotary Club of Pune Central for 36 years from June 1987 to June 2023 (he left RCPC last year due to ill health). While travelling around the world, he was an ambassador for our club. We received many Global Grant partners due to his contacts and connects, from the countries that he visited. He had held several assignments in the Club as well as in the Rotary District.

His wife Gita who passed away earlier due to an unfortunate accident, was also a very active member of RCPC and together they were the heart and soul of RCPC at one time.

Rtn Cmde Rajan Vir was born in Jammu in 1930. He studied in Lahore at the well-known Government College, and later graduated from East Punjab University in 1948 with Botany and Chemistry as major subjects. He was selected for the Royal Indian Navy in 1949 and went to England where he was trained at the Royal Naval College, Dartmouth, and in warships and the training establishments of the Royal Navy from 1949 to 1953. He also was a Korean War veteran, having served as a Midshipman on board aircraft carrier HMS Glory in 1951. On returning to the Indian Navy as a Sub Lieutenant in 1953, he served on board several ships of the fleet, including the aircraft carrier Vikrant. He commanded two ships of the Western Fleet in the rank of Commander and Captain, the frigate INS Kuthar (1970-71) and the Fleet Tanker INS Deepak (1975-76).

Cmde Rajan Vir served as Naval ADC to the first President of India, Dr Rajendra Prasad, from 1956 to 1958. He then specialized in Navigation and Aircraft Direction and, later, he graduated from the Royal Naval Staff College, Greenwich, England in 1967. He was an Instructor at the Defence Services Staff College, Wellington (Nilgiris) for three years (1967-70). Commodore Vir served as Naval Attache at the Indian Embassies in Indonesia and Singapore (1971-74). He subsequently held senior appointments at Naval Headquarters, New Delhi, as the Director of Naval Intelligence and the Director of Personnel Services (1976-78).

Cmde Rajan Vir retired from the Indian Navy in 1978 in the rank of Captain at his own request and thereafter joined the Shipping Corporation of India (SCI) as a seagoing Captain.

Cmde Rajan Vir is survived by two sons, Atul and Rahul, who live in the US, and a daughter Naina who is living in Pune.

Funeral and last rites were held at Muktidham Crematorium, Golibar Maidan on Mon, 22 Jul 2024 at 3 PM.

May his Soul Rest in Peace! Om Shanti!



From The President's Desk



Dear Rtms and R'Anns of RCPC,

July is the month when new leadership takes over at all Rotary Clubs, so it is also known as the 'Transition Month'. It is a time of new beginnings, a time to reconnect with each other within RCPC, to respond to change and a time to show that Rotary opens opportunities to the needy and those who are not so fortunate to afford things like basic education and health care. We should try and use our wealth and skills to help provide service to others less fortunate, and help them to be self-sustaining.

The attendance at the RCPC Weekly Meeting at Poona Club last Saturday was indeed heartening. It was indeed a pleasure to meet our members and R'Anns in large numbers who came to listen to the excellent talk on 'The Magic of Rotary' by Rtn Dr Jignesh Pandya from Rotary Club of Pune Bibwewadi. We missed all our members who could not attend.

Our getting together at regular intervals as members of RCPC are not mere meetings but have become sanctuaries of positivity and joy. If we were to measure the aura inside the Poona Hall 1 on Saturday evenings, I am sure that it will be phenomenal. **Please do remember that 'Your Presence Makes a Difference'!** Wouldn't you give us the pleasure of interacting with you and spread joy to everyone around?

This week we have the '**Club & Trust Budget Presentation**' which will be followed by a very interesting short 10-minute presentation on '**Safety of Senior Citizens**' by a representative from the Zicom Group. Don't miss it, it could be very helpful to you or someone whom you know.

I look forward to personally welcoming each of you at this Saturday evening's RCPC Weekly Meeting at the Poona Club. Let us come together to learn, to share, and to continue making a positive difference in Pune and beyond.

Warm regards,

Rtn Brigadier PK Muralidharan Raja
President RY 2024-25

Today

A Peek into the Rotary meet on Saturday 27th July

Our meeting on **Saturday July 27, 2024** will be held at **Poona Club – Conference Hall 1 at 6.30 p.m. This will be a 3-in-1 program.**

- 1. A Presentation of Club and Trust Budget:** President Brig. PKM Raja and Hon. Treasurer Rtn. PP Madhu Rathi will present the RCPC Club and Trust Budget for Rotary Year 2024-25.
- 2. Interactive Session:** interactive session by Zicom representative on '**Safety of Senior Citizens**'. Don't miss it, it could be very helpful to you or someone whom you know.
- 3. Exciting post meeting "Mini Fellowship" : Venue Tivoli Garden**

We look forward to your presence on **Saturday, July 27, 2024 at 6.30 p.m. at Poona Club Conference Hall 1.**

There will be a half-hour Pre-Meeting Fellowship from 6.30 p.m. and the meeting will be called to order at 7.00 p.m.

ROTARY CLUB OF PUNE CENTRAL

B3/102, YOGI PARK, 12, KOREGAON PARK, PUNE 411001

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The Week That Was

(From Rtn. Sagar Khandelwal)

Opening and Remembrance.

The meeting commenced on a sombre note as the club mourned the loss of former Rtn Cmde Rajan Vir (Retd), a member of RCPC from June 1987 to June 2023 when he left the Club on health grounds. His passing marks the end of an era for our club, and he was fondly remembered for his dedication and contributions over the years.

To honor his memory, the President requested everyone to stand up and observe one-minute silence. After that, Rtn PP Suhas Merchant shared his memories, highlighting Rtn Cmde Rajan Vir's journey from a Navy Commodore to a dedicated Rotarian. PP Suhas Merchant reminisced about Rtn Cmde Rajan's leadership in organizing club visits to IRS Vikrant and his active role at the district level, particularly in the Environment Committee and as Sergeant-at-Arms. His punctuality, discipline, and unwavering commitment left an indelible mark on the club.

Following PP Suhas Merchant, Rtn. PP Raja Kharadkar expressed his sorrow and paid tribute to Late Rtn Rajan Vir and his wife Late Gita. He highlighted Rtn Rajan Vir's significant contributions, including initiating the river cleaning project and establishing the club's first Sister Club with a Rotary Club in the UK. Rtn Rajan Vir's dedication and disciplined approach were admired by all, and his legacy continues to inspire the club members.

Recognition of Visiting Rotarians and Guests

We were delighted to welcome our visiting Rotarians, Rtn Pradeep Munot from RC Poona Downtown and Rtn Narendra Dobariya from Rotary Club of Surat. We also had guests Mr. Prakash and Saroj Gugle attended our Weekly Meeting as prospective members, to get a feel of what the Rotary Club of Pune Central is all about. Rtn. IPP Aruna Rathi from RC Poona Downtown was also present.

Club Contributions and Awards

In the spirit of giving, President Brigadier Raja announced and thanked Rtn. Arun Jindal for his contribution of \$1,000 to the TRF Annual Fund.

The President announced that our Club can proudly boast of 5 (Arch Klumph Society Members). District Governor Rtn. Shital Shah had felicitated all AKS Members of District 3131 at his Installation Ceremony on 07 July 2024, but since Rtn. PP Ajay Dubey was not present, President Brigadier Raja collected the award on his behalf. The same was presented to PP Ajay Dubey by Brigadier Raja at this meeting.

The President also highlighted the remarkable achievement of having five AKS members in our Club. Globally, there are only 1,400 AKS members among millions of Rotarians, underscoring the significant contributions of our members.

Rtn. PP Krishan Jhunjunwala was honoured with a PHF (Paul Harris Fellow) + 5 pin for his generous donations exceeding \$6,000. This recognition reflects his ongoing commitment to the Rotary Foundation.

Caption Contest and Additional Announcements

The club held a caption contest, and the name of Rtn PP Uday Dharmadhikari was announced as the winner. The club congratulated him and appreciated the creativity of all participants.

Further announcements included the attendance report, upcoming meeting details, and the club's local polio collection, which amounted to Rs. 4100. The next meeting is scheduled for July 27, 2024, at 6:30 PM in the same hall, focusing on the club and trust budget for the rotary year 2024-25, followed by an interactive session on the safety of senior citizens.

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The Magic of Rotary

The highlight of the evening was a captivating presentation by Rtn Dr. Jignesh Pandya on "The Magic of Rotary." Dr. Pandya, a PhD in Economics and an acclaimed theatre artist, shared his unique perspective on Rotary's impact beyond facts and figures.

Dr. Pandya, the Chartered President of the Rotary Club of Bibwewadi, Pune, used an engaging audio-visual session to illustrate Rotary's principles of "Service Above Self" and fellowship. He shared rare videos and stories, drawing parallels from popular movies and real-life examples, to highlight the transformative power of Rotary's service and friendship.

Dr. Pandya emphasized that friendship and fellowship are the cornerstones of Rotary. He recounted the origins of Rotary, where a group of friends in Chicago, led by Paul Harris, started the first meeting with a focus on friendship. This foundation of camaraderie laid the groundwork for Rotary's service-oriented mission today.

Through his storytelling, Dr. Pandya demonstrated that Rotary is not just about service but also about building meaningful relationships. His insights left a lasting impression on the attendees, inspiring them to continue their service with renewed enthusiasm and a deeper sense of community.

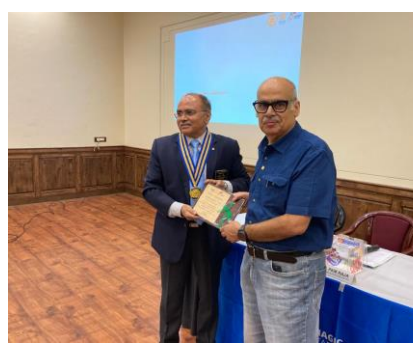
Wished happy birthday to R'Ann Neelam Mehrotra, Mr. Pankaj Mathur and Rtn. Rakesh Makhija

The Icebreaker Fellowship hosted by Rtn Madhvi Kshetty was a big hit, with delicious starters and food enjoyed by all....

Next Week's Meeting

- Date: Saturday, July 27, 2024
- Time: 18:30
- Venue: Poona Club Conference Hall 1
- Agenda: A presentation on the 'Club and Trust Budget' followed by a short 10-minute interactive session by a Zicom representative on 'Safety of Senior Citizen' This will be followed by a Mini Fellowship.

CAPTURED MOMENTS FROM THE SCINTILLATING TALK BY Rtn Dr Jignesh Pandya.



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COME, LET'S SOCIALIZE!

Captured Moments from the Pre-Fellowship held on the 20th of July



50 Things Every Rotarian Should Know About Rotary

(Inputs from Rtn. PP Suhas Merchant)

3 - ROTARY'S WHEEL EMBLEM

A wheel has been the symbol of Rotary since our earliest days. The first design was made by Chicago Rotarian Montague Bear, an engraver who drew a simple wagon wheel, with a few lines to show dust and motion. The wheel was said to illustrate "Civilization and Movement." Most of the early clubs had some form of wagon wheel on their publications and letterheads. Finally, in 1922, it was decided that all Rotary clubs should adopt a single design as the exclusive emblem of Rotarians. Thus, in 1923, the present gear wheel, with 24 cogs and six spokes was adopted by the "Rotary International Association." A group of engineers advised that the geared wheel was mechanically unsound and would not work without a "keyway" in the centre of the gear to attach it to a power shaft. So, in 1923 the keyway was added and the design which we now know was formally adopted as the official Rotary International emblem.

(Note: Watch this Column in RCPC's Weekly Bulletin Central Turf every week)

Paper Bag Project

Dear Rtn Surendraji,

I wanted to express my heartfelt gratitude for taking the time to teach us about the new paper bag initiative. Your expertise and guidance were invaluable, and your passion for sustainability is truly inspiring.

Your dedication to making a positive impact in our community is a shining example of the Rotary values in action. Thank you for sharing your knowledge and empowering us to make a difference.

We are grateful for your contributions and look forward to continuing our journey together in service and sustainability.

Thank you again for your time, wisdom, and commitment to creating a better world for all.

Best regards,

Rtn Narendra Dobariya, Rotary Club of Surat Metro



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A Truly Happy Village- Our Heart-warming Project To Help The Needy ***From R'Ann Nafisa and Rtn. Oni Kakajiwala***

After reading an article in the newspaper one morning mentioning the water woes of Antulaynagar, a basti populated by cured Leprosy patients and their approximately 200 families, we took a ride there and appraised ourselves of the water situation there. It was found that the Well they were using was extremely dirty and half silted up. Knowing this we immediately contacted Rtn Giri Sakhrani, then Director non-medical, and he thought it to be a good project under the HAPPY VILLAGE banner. Consequently, the Well was drained and cleaned completely. Nearly 50% extra water was the result. Rtn. Yogesh Shah negotiated a great price for the pipes. Consequently, the pipes were laid to fill the overhead tank and from there the pipes were laid along the lanes. Now every resident has a water connection in front of their home. To carry water home from a distance was extremely difficult for many because of the deformation of their fingers due to Leprosy.



We are so happy that we have come this far and the residents are happy too as their testimonies show. While the project is still unfinished, we hope to carry on with the work of making this village a truly HAPPY VILLAGE.

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Interactive Meeting Cum Workshop on 'Clay & Pottery Making' organised by Rotary Club of Pune NIBM



R'Ann Neelam Mehrotra celebrated her birthday on Potter's Wheel at Rotary Club of NIBM Weekly Meet on 'Clay & Pottery Making' at Poona Club Hall 1 at 10.30 am on Sunday, 21st July 2024 🌸🌸🌸

The Family Corner

This corner is being introduced to make our Rotary world a smaller one. Come, let's know our families better. In this picture you see Rotarian Cawas Pundole with his adorable family. In this picture you see: From left to right Nikhil Karamchandani, his younger son in law, Ansen Vaz his elder son in law, R'Ann Hutokshi, Parinaz, his elder daughter, Aviva, his younger daughter, Rtn Cawas and his granddaughter, Liam Vaz, his grandson and Hormuz his son



Note : Kindly Contribute 'Know your Rotarian Family' pictures to Behzad.randeria@gmail.com

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Food For The Soul

A simple recipe to tickle your taste buds from the kitchen of Rotarian Behzad Randeria

So what if it's raining! Ice cream works anytime☺ Here's a simple ice cream recipe that works with or without an icecream maker. Enjoy!

Ingredients:

- 2 cups heavy cream
- 1 cup whole milk
- 1/2 cup granulated sugar
- 1 tsp vanilla extract

Optional Mix-ins:

- Chopped nuts (walnuts, almonds, etc.)
- Chocolate chips or chocolate shavings
- Fresh or dried fruits (strawberries, blueberries, etc.)



Instructions:

1. **Combine Cream, Milk, and Sugar:** In a large mixing bowl, whisk together the heavy cream, whole milk, and granulated sugar until the sugar is fully dissolved.
2. **Add Vanilla Extract:** Whisk in the vanilla extract to give your ice cream a delicious flavor.
3. **Chill the Mixture:** Cover the bowl with plastic wrap and refrigerate the mixture for at least 2 hours or overnight.
4. **Churn the Ice Cream:** Pour the chilled mixture into an ice cream maker and churn according to the manufacturer's instructions.
5. **Add Mix-ins (Optional):** If using, add your desired mix-ins during the last 2 minutes of churning.
6. **Freeze and Enjoy:** Transfer the churned ice cream to an airtight container and freeze for at least 2 hours before serving.

No Ice Cream Maker? No Problem!

If you don't have an ice cream maker, you can also freeze the mixture in a shallow metal pan and then blend it in a food processor once it's frozen solid (about 2-3 hours). Repeat this process 2-3 times until the desired consistency is reached.

Enjoy your delicious homemade ice cream!

Note : Do please contribute your recipes to Behzad.randeria@gmail.com



Let's Tickle Those Gray Cells!

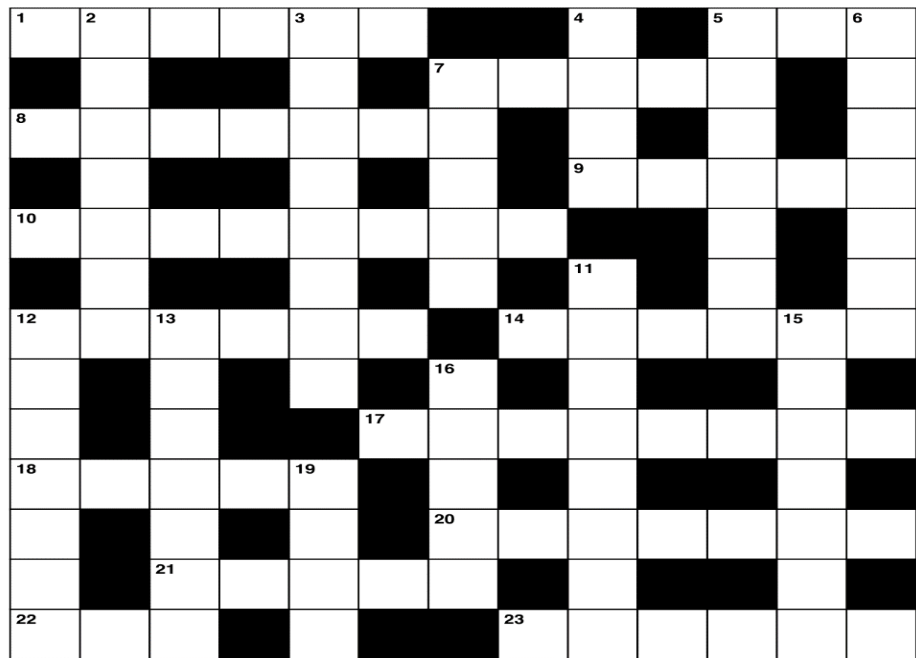
Across

- 1 - Spring back (6)
- 5 - Work of creativity (3)
- 7 - Noble gas (5)
- 8 - Forgive (7)
- 9 - Arms and legs (5)
- 10 - Forms of payment (8)
- 12 - Farmer (6)
- 14 - Tall structures (6)
- 17 - Moan (8)
- 18 - Connective tissue (5)
- 20 - Robbers at sea (7)
- 21 - Unpleasant giants (5)
- 22 - Male offspring (3)
- 23 - Chooses (6)

Down

- 2 - Space shuttle (7)
- 3 - Educational institutions (8)
- 4 - Hero (4)
- 5 - Excite (7)
- 6 - Thin papers (7)
- 7 - Dares (anag) (5)
- 11 - Bodily (8)
- 12 - Chats (7)
- 13 - Belief (7)
- 15 - Clothing (7)
- 16 - Great successes (5)
- 19 - Thin cable (4)

Crossword Puzzles



Just For Fun

Some Interestingly Strange, but true Facts:

Food for Thought:

1. **Honey Never Spoils:** Due to its low water content and acidic pH, honey is self-preserving and virtually immortal.
2. **Coca-Cola's Secret Formula:** The recipe for Coca-Cola is stored in a vault at the company's headquarters, and only two people in the world know the exact formula.
3. **The World's Hottest Pepper:** The Carolina Reaper, currently recognized as the world's hottest pepper, has an average Scoville heat unit rating of 1,569,300.

Nature's Wonders:

1. **Glowing Mushrooms:** Certain species of fungi, like the jack o' lantern mushroom, emit a greenish-blue glow in the dark.
2. **Rainbow-Colored Animals:** The quokka, a small marsupial, has a permanent smile on its face, while the peacock mantis shrimp boasts the most colorful shell in the animal kingdom.





3. **The Great Blue Hole:** Located in Belize, this massive underwater sinkhole is over 300 meters (1,000 feet) in diameter and 125 meters (400 feet) deep.

Human Achievements:

1. **The Longest Word:** The longest word in the English language, according to the Oxford English Dictionary, is pneumonoultramicroscopicsilicovolcanoconiosis, a lung disease caused by inhaling silica particles.
2. **The World's Largest Collection of Stamps:** The British Library's Philatelic Collections hold over 8 million stamps from around the world.
3. **The Fastest 100m Dash:** Usain Bolt from Jamaica holds the world record for the fastest 100m dash, completing it in just 9.58 seconds.

These strange but true facts showcase the fascinating and sometimes bizarre aspects of our world!

Some Riddles to Activate Those Brain Cells

Question:

Here are five riddles for you to solve:

Riddle 1:

- I am always coming but never arrive,
- I have a head but never weep,
- I have a bed but never sleep.
- What am I?

Riddle 2:

- I have a face and two hands but no arms or legs,
- I can show you the time but never move.
- What am I?

Riddle 3:

- I am always moving yet I never move,
- I am in every room but never seen.
- What am I?

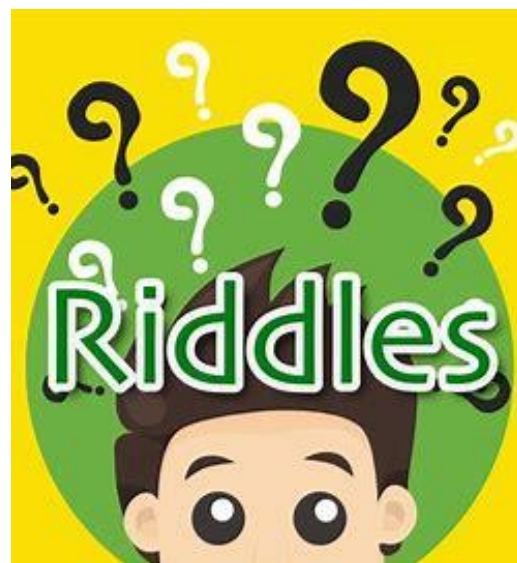
Riddle 4:

- I have a head, a tail, but no body,
- I have a face but no eyes, nose, or mouth.
- What am I?

Riddle 5:

- I go in hard, come out soft, and am never the same,
- I can be long or short, thin or fat.
- What am I?

Think you can solve them? Give it a try!



(Answers on the Page no. 12)



The HAHahaha Picture



A funny picture is worth a thousand laughs! Our funny picture of the week is AI's (artificial intelligence) version of what a dog would look like if it were feeling guilty 😊

Note : Request your contributions for the funny picture each week.

The District Awards Ceremony 2023-24



Rotary
Dist 3131



The District Awards Ceremony 2023-24 will be held on Sunday 28 July 2024 at Marigold Banquets Chandni Chowk, Bavdhan.

We will get to witness IPP Rtn Cmde Ajay Chitnis receiving various awards and honours on the performance of Rotary Club of Pune Central during the year 2023-24. Let's stand with IPP Cmde Ajay Chitnis and BOD 2023-24 and be part of the RCPC Team's representation at the District Awards Ceremony on 28 July (Sunday) and come back with loads of Trophies.

Registration Link : <https://eventglint.com/e/district-awards-nakshantra-che-dene-762932>

नक्षत्रांचे देणे
District Awards 2023-24
Transparency ~ Merit ~ Opportunity

Sunday, 28th July 2024
Time - 2:30 PM Onwards

Venue - Marigold Banquets
Chandni Chowk, Bavdhan-Pune

Registration Charges : ₹1250/-Per Person

Rtn Manjoo Phadke PDG **Dr. Shailesh Palekar**
District Governor DRFC 22-25 & District Trainer

Rtn Unmesh Risbood **Rtn Vilas Ravande** **Rtn Vivek Dixit**
Dist.Executive Secretary Dist. Adm. Secretary Dist.Secretary Events & Meets

Rtn. Biren Dharamsi - Director
District Awards Committee

Host - RC Chinchwad-Pune
Convenor :- Rtn.PP Prasad Ganpule
President :- Rtn.Yatish Bhatt

Manjoo & Vishwas Phadke

Click Link Below ↓

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'Women's Rights and Safety' being organised by Rotary Club of Pune Yuva,



ADV. DIVYA
CHAVAN-JACHAK



ADV. VAISHALI
BHAGWAT



DCP SMARTANA
PATIL



A Rotary Meeting on 'Women's Rights and Safety' is being organised by Rotary Club of Pune Yuva, at Seva Bhavan, Erandawane, Pune on 31 July from 3.45 pm - 6.00 pm.

Join them for Legal Light: Women's Rights and Safety! Discover your legal rights in property, cybercrime, and workplace safety.

Panel discussion with top-notch speakers Adv Divya Chavan Jachak , Adv Vaishali Bhagwat and the Deputy Commissioner of Police Smartana Patil.

Empower yourself with knowledge in an exclusive women-only event. Don't miss out! Limited Seats only

Date: 31st July

Time : 3:45pm to 6 pm

Location: Seva Bhavan Road, near CDSS, Erandwane, Pune

<https://g.co/kgs/8pVhezd>

Riddles Answers:

Riddle 1 :

Answer: A River. A river is always flowing (coming) but never actually arrives at a destination. It has a "head" or source, but doesn't have the ability to weep. And it has a "bed" or channel, but doesn't sleep.

Riddle 2:

Answer: A Clock. A clock has a face (the clock face) and two hands (hour and minute hands) but no arms or legs. It can show you the time, but the clock itself doesn't move.

Riddle 3:

Answer: Air. Air is always moving, but it doesn't move itself. It's present in every room, but can't be seen.

Riddle 4:

Answer: A Coin. A coin has a head (the front side) and a tail (the back side), but it doesn't have a body. It has a face (the front side), but not eyes, nose, or mouth.

Riddle 5: -

Answer: An Egg. An egg goes in hard (raw) and comes out soft (cooked). It can be long (like a chicken egg) or short (like a quail egg), thin or fat, depending on the type of egg.

How'd you do? Did you solve them all?

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From the Editor

Here we are in the last week of July. A new bulletin with new ideas and information to tickle your grey cells. Week on week the team here at the Bulletin tries to compile what is informative, quirky, positive and happy.

I urge you to look through this bulletin, contribute where contributions are requested, and above all, smile, laugh and enjoy the Bulletin.

Here's wishing you a wonderful week ahead.

Warm regards,
Behzad Randeria

What to Expect in the Next Four Weeks

- **August 3** — VIRTUAL MEETING on ZOOM – Rtn Dr Kunal Bansal will speak on the **Topic: 'Osteoporosis, Common Myths and Misconceptions'**. Rtn Dr Kunal Bansal is a Consultant Orthopaedic & Joint Replacement Surgeon. He has been trained from the best Institutes in India, Europe and Australia.
- **August 10** — Fund Raising RY 2024-25 will be followed by Fellowship.
- **August 17** — Interactive session on **'Nutrition & Fitness,'** by Zareen Siddique who is a very much sought after speaker. Zareen is an influencer on You Tube, Instagram and social media with a huge fan following of over 2.4 Lakhs. You may check out her program @fitwithzareen on Instagram and You Tube.
- **August 24** — Special Program by Rtn. Raman Nanda Sub Group

Birthdays and Anniversaries



Rtn / R'Ann

Rtn. PP Uday Dharmadhikari
Col. V Nandakumar Nair
R'Ann Dr. Bhavna Rote

Birthday

July 30
August 01
August 02